

Feeling Coolish

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Mitzi Day and Lisa McCammon - May 2019

Music: Cool by the Jonas Brothers; single, 2:47 mins; 76 bpm,

Start weight on L crossed over R - 16 count intro

NC BASIC R, NC BASIC L; REVERSE RUMBA BOX

- 1, 2&** Long step side R, step L back and slightly behind, cross R
- 3, 4&** Long step side L, step back R and slightly behind, cross L
- 5&6&** Step R to side, close L, step back R, touch L home
- 7&8&** Step L to side, close R, step forward L, touch R home

PLACE-TWIST-TWIST-KICK-COASTER STEP; MIRROR

- 1&2&** Place R forward (no weight), twist both heels R, L (weight L), kick R forward
- 3&4** Step back R, close L, step forward R
- 5&6&** Place L forward (no weight), twist both heels L, R (weight R), kick L forward
- 7&8** Step back L, close R, step forward L

HEEL STRUT, HEEL STRUT, CHUG 2X TURNING LEFT; REPEAT

- 1&** Touch R heel slightly forward, drop ball taking weight
- 2&** Touch L heel slightly forward, drop ball taking weight
- 3&4&** Rock/push onto R, recover L whilst turning left 1/8; repeat, ending at [9], weight L
- 5&** Touch R heel slightly forward, drop ball taking weight
- 6&** Touch L heel slightly forward, drop ball taking weight
- 7&8&** Rock/push onto R, recover L whilst turning left 1/8; repeat, ending at [6], weight L

(hint: over-rotate slightly to left diagonal on last chug)

CROSS-BACK-SIDE, CROSS-BACK-SIDE; TWIST-&-TWIST-&-KICK-BALL-CROSS

(Note: counts 1-4 move slightly back)

- 1&2, 3&4** Cross R, step back L, step R to side; cross L, step back R, step L to side (feet apart)
- 5&** Twist R heel in, twist R heel out, ending with weight on R

6& Twist L heel in, twist L heel out, ending with weight on L (open slightly to right diagonal)

7&8 Kick R to right, step R ball home, cross L (ready to step side R into NC basic)

TAG AFTER 5th repetition facing 6:00—repeat kick-ball cross

1&2 Kick R forward, step R ball home, cross L

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