

Bukan Makarena

LINEDANCE.COM

Count: 80 **Wall:** 1 **Level:** Phrased Improver

Choreographer: Wenarika (INA - May 2019)

Music: JFlow - Poco Poco (Best Dance of Our Lives) Official Music

Intro 16 counts , starts on vocal . NO TAG NO RESTART

Dance Sequence : ABC - ABC - ABC - AB - Ending

PART A (16 counts)

[1 - 8] GRIND HEEL FWD, RECOVER (RL) , SYNCOPATED CROSS SHUFFLE

1 - 2: Grind R heel fwd - step R beside L

3 - 4: Grind L heel fwd - step L beside R

5&6&: Cross R over L - step L to side - cross R over L - step L to side

7 & 8: Cross R over L - step L to side - cross R over L

***[9 - 16] : repeat count 1-8 , start with the Left foot,**

PART B (32 counts)

B[1 - 8] STOMP RL - SIDE CHASSE

1 - 2: Stomp R to side - stomp L

3 & 4: Step R to side - close L beside R - step R to side

5 - 6: Stomp L - stomp R

7 & 8: Step L to side - close R beside L - step L to side

B[9 - 16] HEEL TOE TOUCHES , RUN FWD, HEEL TOE TOUCHES , PIVOT ½ RIGHT

1 - 2: R heel touch fwd - R toe touch behind L

3 & 4: Run fwd on R - L - R

5 - 6: L heel touch fwd - L toe touch behind R

7 & 8: Step L fwd - turn $\frac{1}{2}$ right - close L beside R(6.00)

***B[17-32]: repeat count 1 - 16 , ending facing front wall (12.00)**

PART C (32 counts)

C[1 - 8] SWIVEL SIDE TOGETHER (2X) , UPPER BODY MOVE SIDE TO SIDE

1 - 4: Step R to side - L together - R to side - L together

(note : when stepping side turn toes $\frac{1}{4}$ right, step together turn toes facing front)

5 - 8: Move upper body to side left - right - left - right

(note : feel free to add hand movements)

C[9 - 16] SWIVEL SIDE TOGETHER (2X) , UPPER BODY MOVE SIDE TO SIDE

1 - 4: Step L to side - R together - L to side - R together

(note : when stepping side turn toes $\frac{1}{4}$ left, step together turn toes facing front)

5 - 8: Move upper body to side right - left - right - left

(note : feel free to add hand movements)

C[17-24] CROSS ROCK , SIDE , WALK $\frac{1}{2}$ CIRCLE TO RIGHT

1 & 2: Cross rock R over L - recover on L - step R to side

3 & 4: Cross rock L over R - recover on R - step L to side

5 - 8: Walk $\frac{1}{2}$ circle to right on R - L - R - L(6.00)

***C[25-32]: repeat count 17 - 24 , ending facing front wall (12.00)**

ENJOY THE DANCE !!

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