

# Pretty's On The Inside

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**Count:** 48      **Wall:** 3      **Level:** Improver

**Choreographer:** Hilda Foo and Vicky Hamilton - NZ - May 2019

**Music:** Chloe Adams - Pretty's On The Inside

**Intro: 16 counts.**

**Section 1: Walk forward X 2 Mambo. Walk Back X 2. Back Coaster 12:00**

**123&4** Walk forward R L, Mambo forward on R, recover on L, step RF slightly back

**567&8** Walk back L R. Step LF back, step RF Tog, Step LF forward

**Section 2: Rumba Box steps forward/Back. Heel and Toe Switches 12:00**

**1&23&4** Step RF to R, step LF Tog, step RF forward, step LF to L, step RF Tog, step LF back

**5&6&** Right Heel forward, Right heel in place besides L. Left heel forward, Left heel in place besides R

**7&8&** Point R toe to right, step RF in place besides L, point L toe to left, step LF in place besides R

**Section 3: Vine ¼ turn R Shuffle ½ Pivot turn R forward shuffle 9:00**

**123&4** Step RF to R, step LF behind R, ¼ turn R shuffle forward RLR

**567&8** Step LF forward, ½ pivot turn R, shuffle forward L R L

**Section 4: Kick and Point ½ Turn R Monterey Jazz Box 3.00**

**1&23&4** Kick RF forward, Step RF in place besides L, point LF to L. Kick LF forward, step LF in place besides R, point RF to R

**5678½ turn R with weight on right, cross L over R, step RF back, step LF besides R**

**Section 5: Forward/back mambo. Side mambos 3:00**

**1&23&4** Forward mambo on R, recover on L, step RF besides L, Back mambo on L, recover on R, step LF besides R

**5&67&8** Side Mambo on R, recover L, step RF besides L. Side Mambo on L, recover R, step RF besides R.

**Section 6: ½ turning shuffles x2 , Rock back Recover 3:00**

**123&4** Rock RF forward, recover on LF, make ½ turn R shuffle stepping RLR

**5&678** Make ½ turn shuffle stepping LRL. Rock back on R, recover on L

**Start again**

**Tag (4 count) End of Wall 2 & 5 both face 6:00**

**1234** Rock forward on RF, recover on L, touch RF behind L, unwind  $\frac{1}{4}$  turn right weight on L

**Happy dancing and hope you like this dance!**

**Contacts:-**

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