

# Lonely, Heartbroken or Hungover

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Lesley Stewart and Rep Ghazali-Meaney, Scotland (May 2019)

**Music:** Beer Can't Fix by Thomas Rhett feat Jon Pardi

**#32 count intro, music available from iTunes and Amazon**

**Restarts:**

**\*1st restart - dance up to count 24 on wall 1 (restart facing 9 o'clock)**

**\*\*2nd restart - dance up to count 16 on wall 5 (restart facing 6 o'clock)**

**\*\*\*3rd restart - dance up to count 24 on wall 9 (restart facing 3 o'clock)**

**Sequence: 24, 32, 32, 32, 16, 32, 32, 32, 24, 32, 32, 24**

**[01-08] L CROSS-1/8 TURN R SIDE, L SHUFFLE BACK, R ROCK BACK-RECOVER, R SHUFFLE 1/2 TURN**

**1-2**cross Left over Right, 1/8 turn Left step Right to Right side (10.30)

**3&4**step back Left, step Right together, step back Left (10.30)

**5-6**rock back Right, recover on Left (10.30)

**7&8**1/4 turn Left by stepping Right to Right side, step Left together, 1/4 turn Left by stepping back on Right (4.30)

**[09-16] L SIDE ROCK-RECOVER, L CROSS-1/4 TURN HITCH, WALK-WALK, R SHUFFLE FWD**

**1-2**side rock Left (squaring to 3 o'clock wall), recover on Right (3)

**3-4**cross Left over Right, 1/4 turn Left hitch up on Right (12)

**5-6**walk forward Right, walk forward Left

**7&8**step forward Right, step Left together, step forward Right (12)

**Restart: 5th wall**

**[17-24] L ROCK FWD-RECOVER, L & R SHUFFLE 1/2 TURN, L 1/4 TURN-R TOUCH**

**1-2**rock forward Left, recover on Right

**3&4<sup>1/4</sup>** turn Left stepping Left to Left, step Right together, <sup>1/4</sup> turn Left stepping forward Left  
(6)

**5&6<sup>1/4</sup>** turn Left stepping Right to Right, step Left together, <sup>1/4</sup> turn Left stepping back Right  
(12)

**7-8<sup>1/4</sup>** turn Left stepping Left to Left, touch Right together (9)

**Restarts: 1st and 9th wall (change weight to Right on count & to restart)**

**[25-32] R & L TOE SIDE SWITCHES, R & L HEEL FWD SWITCHES, R <sup>1/4</sup> TURN-L TOUCH, L <sup>1/4</sup> TURN-R TOUCH-R TOG**

**1&2**&point Right to Right, step Right together, point Left to Left, step Left together

**3&4**&touch Right heel forward, step Right together, touch Left heel forward, step Left together

**5-6<sup>1/4</sup>** turn Left stepping Right to Right, touch Left together (6)

**7-8&<sup>1/4</sup>** turn Left stepping forward Left, touch Right together, step Right together (3)