

Everybody Twists (Circle Dance)

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Count: 32 **Wall:** 1 **Level:** Absolute Beginner

Choreographer: ScaleWings Dances, August 2019

Music: 5, 6, 7, 8 by Steps

Section 1 - Heel Switches

1-4 Right heel forward and back to centre, Left heel forward and back to centre

5-8 Repeat (1-4)

Section 2 - Walk forward R L R, Kick and Walk back L R L, Touch

9-12 Walk forward Right, Left, Right, kick left foot forward, and

13-16 Walk backward Left, Right, Left, touch right foot next to left foot.

Section 3 - Twist moving L R L hold, and Twist moving R L R hold

17-20 Twist moving to the Left, Right, Left and Hold

21-24 Twist moving to the Right, Left, Right and Hold

(For styling hand movements - both hands up, move both hands when twisting to the left and same when twisting to the right)

Section 4 - Twist Left and clap, Twist Right and clap, Twist on the spot Left, Right, Left, Right

25-28 Twist Left, and clap, Twist Right, and clap

29-32 Twist on the spot, Left, Right, Left, Right

Repeat