

# Don't Needa Man

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**Count:** 48      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Lori Manary - January 2019

**Music:** "Don't Need A Man" by: DeMetri Moon, iTunes

## Start with lyrics

### Toe Struts R, L, Jazz Box w/¼ Turn R

**1, 2**      Tap R toe forward (1), Step down on R(2)

**3, 4**      Tap L toe forward (3), Step down on L(4)

**5, 6**      Cross R over L (5) Step L back

**7, 8¼ turn R stepping forward on R (7), Step L next to R (8) (3:00)**

### R Vine, Heel Jack, L Vine, Heel Jack Cross

**9, 10**      Step R To R side (9) Cross L behind R(10)

**11, 12**      Hop R back at R diagonal tap L heel at L diagonal (11) Hop both feet back to center landing with R crossing over L(12)

**13, 14**      Step L to L side (13) Cross R behind L (14)

**15, 16**      Hop L back at L diagonal tap R heel at R diagonal (15) Hop both feet back to center landing with L crossing over R(16) (3:00)

### Shuffle RLR, Toe Touch Behind, ½ Turn L, Kick Ball Point, ¼ Turn L

**17&18**      Step R forward (17), Step L next to R (&) Step R forward (18)

**19, 20**      Touch L toe back (19) ½ Turn L(20)

**21&22**      Kick L forward (21), Step L down next to R (&) Point R toe forward(22)

**23, 24¼ turn L (23), Hold (24) (6:00)**

### R Sailor, L Sailor, R Toe Touches, L Toe Touch ¼ Turn L

**25&26**      Step R to R side (25) Rock back on L (&) Rock forward on R (26)

**27 & 28**      Step L to L side (27) Rock back on R (&) Rock forward on L. (28)

**29, 30**      Touch R toe out to R side (29) Step R next to L(30)

**31, 32**      Touch L toe out to L side (31) ¼ turn L(32) (3:00)

### **Coaster Step, Toe Touch R,L, R Toe Flick, R Toe Cross, Unwind**

**33&34** Step L back (33) Step R next to L (&) Step L forward (34)

**35&36&** Touch R toe forward (35) Touch R next to L (&) Touch L toe forward (36) Step L next to R(&)

**37, 38** Flick R toe forward (37) Cross R toe over L (38)

**39- 40** Unwind full turn (3:00)

### **Hip Bump R, Hip Bump L, Hip Circle**

**41, 42** Two hip bumps R

**43, 44** Two hip bumps L

**45-48 1 full hip circle (3:00)**

**Restart: Do the entire dance twice.**

**On count 32, bring L foot next to R while making the  $\frac{1}{4}$  turn L.**

**You will be facing the 9:00 wall, restart the dance**

**Contact: [Ilmanary@yahoo.com](mailto:Ilmanary@yahoo.com)**