

Open Up

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Count: 32 **Wall:** 2 **Level:** High Improver

Choreographer: Magali CHABRET - May 2019

Music: Open Up (Matt Simons) - [CD : After The Landslide, April 2019] - 81 bpm

#24 counts intro (app 16 sec)

S1 - SIDE, CLOSE, IN PLACE, SIDE, CLOSE, IN PLACE, CROSS SAMBA, WEAVE ¼ TURN RIGHT

- 1-2&** Step Rf to right side - close Lf next to Rf - step Rf in place
- 3-4&** Step Lf to left side - close Rf next to Lf - step Lf in place
- 5-6&** Cross Rf over Lf - Rock Lf to left side - recover onto Rf
- 7&8&** Cross Lf over Rf - step Rf to side - step Lf behind Rf - turn 1/4 right stepping Rf forward (3:00)

S2 - ROCK, CLOSE, MAMBO FORWARD/BACK, COASTER CROSS, MONTEREY ¼ TURN RIGHT, POINT

- 1-2&** Rock Lf forward - recover onto Rf - close Lf next to Rf
- 3&4** Rock Rf forward - recover onto Lf - step back on Rf
- 5&6** Step back on ball of Lf - close Rf next to Lf - cross Lf over Rf
- &7** Point Rf to right side - turn 1/4 right stepping Rf next to Lf (6:00)
- &8&** Point Lf to left side - step Lf next to Rf - point Rf to right side

S3 - RIGHT SAILOR, BEHIND-SIDE-CROSS, ¼ RIGHT, CHASE TURN ½ RIGHT, PIVOT ¼ TURN LEFT

- 1-2&** Step ball of Rf behind Lf - step Lf to left side - step Rf to right side
- 3-4&** Step Lf behind Rf - step Rf to right side - cross Lf over Rf
- 5** Turn 1/4 right stepping Rf forward (9:00)
- 6&7** Step Lf forward - pivot 1/2 turn right - step Lf forward (3:00)
- 8&** Step Rf forward - pivot 1/4 turn left (12:00)

**S4 - [KICK BALL, BACK ROCK] R&L, CROSS, BACK, BACK, CROSS, SIDE ROCK , ¼
RECOVER, ¼ TURN LEFT**

- 1&** Kick Rf forward – step ball of Rf beside Lf
- 2&** Rock back on Lf – recover onto Rf
- 3&** Kick Lf forward – step ball of Lf beside Rf
- 4&** Rock back on Rf – recover onto Lf
- 5-6&** Cross Rf over Lf – step back on Lf – step Rf diagonally back
- 7** Cross Lf over Rf
- 8&** Rock Rf to right side – turn 1/4 left and recover onto Lf (9:00)

aTurn 1/4 left on ball of Lf (6:00)

**« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr -
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**Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque
manière que ce soit.**