

# Good Vibes

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**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Jake "Noodle" Garcia - May 2019

**Music:** Good Vibrations by Marky Mark and the Funky Bunch

## #16 measure intro, the song counts you in

### [1-8] Body Roll, Kick ball Points, Knee Swings $\frac{1}{4}$ R

- 1-2      Body roll down
- 3&4      Kick RF, step RF in place, point LF out
- 5&6      Kick LF, step LF in place, point RF out
- &      Lift R heel and swing R knee clockwise
- 7      Lift L heel and swing L knee clockwise
- &      Finish R circle with a  $\frac{1}{4}$  turn right, stepping R heel down
- 8      Finish L circle, stepping L heel down

### [9-16] Back Pivot $\frac{1}{2}$ R, $\frac{1}{2}$ R Heel Step, LF Heel Step, Point, Hook $\frac{1}{4}$ R

- 1 2      Step RF back, pivot  $\frac{1}{2}$  R
- 3 4      Continue turn  $\frac{1}{2}$  R and step R heel then drop toe
- 5 6      Step L heel then drop toe
- 7 8      Point RF out, hook RF across L while turning  $\frac{1}{4}$  R

### [17-24] Slide R, Hip Bumps, Step, Hitch $\frac{1}{4}$ L, Side, Behind

- 1-2      Slide out R
- 3, 4      Hip bumps L R
- 5      Transfer weight to LF with hip bump
- 6      Turn  $\frac{1}{4}$  L, hitching RF with hip bump
- 7, 8      Step RF to the R, step LF behind RF

### [25-32] Full Unwind L, Swivel Steps Back

- 1-4      Unwind in a full circle over L shoulder (CCW)
- 5      Step LF back and fan the RF to the R
- 6      Step RF back and fan the LF to the L

7 Step LF back and fan the RF to the R

8 Step RF together

**Restart on Wall 9, After 16 Counts step R into body roll to begin the next wall.**

**(For reference in the song, the Restart is just after he says "can you feel it baby? I can too")**