

# Gonna Shake Shake Shake

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**Count:** 32                      **Wall:** 4                      **Level:** Easy Beginner

**Choreographer:** Liz Atkinson, September 2019

**Music:** Shake It Off, by Taylor Swift

## **NO RESTARTS!**

**\*Tag: There is an 8-count silence after wall 13 (9:00). Strike a pose and hold it for a bit of whimsy.**

### **S1: R LINDY, STEP, TOUCH, STEP, TOUCH**

**1 & 2, 3, 4** Step RF to R side, step LF together, step RF to R side, rock LF behind RF, recover RF

**5, 6, 7, 8** Step LF to L, touch RF beside LF, step RF to R, touch LF beside RF (12:00)

### **S2: L LINDY, STEP, TOUCH, STEP, TOUCH**

**1 & 2, 3, 4** Step LF to L side, step RF together, step LF to L side, rock RF behind LF, recover LF

**5, 6, 7, 8** Step RF to R, touch LF beside RF, step LF to L, touch RF beside LF (12:00)

### **S3: ROCKING CHAIR, STEP, 1/4 PIVOT L, R HAND ON HIP, L HAND ON HIP**

**1, 2, 3, 4** Rock RF forward, recover LF, rock RF back, recover LF

**5, 6** Step RF forward, 1/4 pivot L

**7, 8** Touch RF next to LF and put R hand on R hip, put L hand on L hip (9:00)

### **S4: HIP BUMP SEQUENCE: DOUBLE R, DOUBLE L, SINGLES R-L-R-L**

**1 & 2, 3 & 4 (With hands on hips) Bump hips R-L-R, L-R-L**

**5, 6, 7, 8 (Drop arms and shake wrists and hands) Single hip bumps R-L-R-L (9:00)**

## **SMILE AND BEGIN AGAIN!**

**\*It is helpful if the instructor can clap or snap during the 8-count silence to help class resume dancing on time.**

**Contact:** [dancinlizard@gmail.com](mailto:dancinlizard@gmail.com)

**Asheville, NC, USA**

**COPPERKNOB (144.217.101.242)**

