

# Throwback Thursday

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Laura Sway & Hayley Wheatley (March 2019)

**Music:** Throw Back by the James Barker Band

## Intro: 16 Counts

**Restart: On wall 3 after 16 counts restart to face 6:00**

**S1: SIDE STEP, TOUCH, OUT, IN, GRAPEVINE ¼ TURN WITH SCUFF, ROCKING CHAIR, HEEL FORWARD, CLAP, TOE BACK, CLAP**

- 1&2&**      Step RF to R side, Touch L toe beside RF, Touch L toe out to L side, Touch L toe beside RF 12:00
- 3&4&**      Step LF to L side, Step RF behind LF, Step Fwd on LF making ¼ turn L, Scuff RF fwd 9:00
- 5&6&**      Rock fwd on RF, Recover onto LF, Rock back onto RF, Recover onto LF 9:00
- 7&8&**      Tap R heel Fwd, Clap, Touch R toe back, Clap 9:00

**S2: HEEL STRUTS FORWARD X4, STEP, PIVOT ½ TURN, STEP, PIVOT ¼ TURN (WITH SHIMMIES)**

- 1&2&**      Tap R heel fwd, drop weight onto RF, Tap L heel fwd, Drop weight onto LF 9:00
- 3&4&**      Tap R heel fwd, drop weight onto RF, Tap L heel fwd, Drop weight onto LF 9:00
- 5&6**      Step fwd onto RF, Shimmy shoulders fwd, pivot ½ turn L 3:00
- 7&8**      Step fwd on RF, Shimmy shoulders fwd, Pivot ¼ turn L 12:00

**(If you don't want to shimmy, just hold for the & counts)**

**\*\*Restart here during wall 3 facing 6:00\*\***

**S3: STOMP, TOE FAN, STOMP, TOE FAN, JAZZ BOX CROSS, WEAVE**

- 1&2&**      Stomp RF fwd, Fan toes out, in, out 12:00
- 3&4&**      Stomp LF fwd, Fan toes out, in, out 12:00
- 5&6&**      Cross RF over LF, Step back onto LF, Step RF to R side, Cross LF over RF 12:00
- 7&8&**      Step RF to R side, Step LF behind RF, Step RF to R side, Cross LF over RF 12:00

**S4: SIDE ROCK, RECOVER, KICK TOE TWICE, SIDE ROCK RECOVER, KICK TOE TWICE, STEP BACK TO DIAGONAL, TOUCH, STEP BACK TO DIAGONAL, TOUCH, MONTEREY ¼ TURN**

- 1&2&** Rock RF to R side, Recover onto LF, Kick RF fwd twice 12:00
- 3&4&** Rock RF to R side, Recover onto LF, Kick RF fwd twice 12:00
- 5&6&** Step back on RF to R diagonal, Touch L toe beside RF, Step back on LF to L diagonal, Touch R toe beside LF 12:00
- 7&8&** Touch R toe to R side, Close RF beside LF while making ¼ turn R, touch L toe to L side, Close RF beside LF 3:00

**Ending: On wall 8, dance up to the last section and modify counts 31& to make a ½ turn Monterey instead of a ¼ turn Monterey. You will finish facing the front wall.**

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