

Shake a Heartache

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Count: 32 **Wall:** 4 **Level:** Absolute Beginner

Choreographer: Sophie Ruhling (France) August 2019

Music: Shake A Heartache by Aaron Watson - 144 bpm

#16 count intro - CCW - NO TAG NO RESTART

SECT.1 TRIPLE R TO R SIDE, TRIPLE L TO L SIDE, STOMP R FWD, STOMP L FWD, HOLD & CLAP X2

1&2step R to R side, step L beside R, step R to R side

3&4step L to L side, step R beside L, step L to L side

5-6stomp R fwd, stomp L fwd

7-8hold & clap, hold & clap

SECT.2 MILITARY 1/4 TURN L X2, HEEL STRUT R & L WITH SNAP

1-2walk R, 1/4 turn L (weight on L) (9.00)

3-4walk R, 1/4 turn L (weight on L) (6.00)

5-6walk R heel fwd, drop R toe & snap

7-8walk L heel fwd, drop L toe & snap

SECT.3 LOCKED TRIPLE R FWD DIAGONAL R, STOMP L, STOMP R, LOCKED TRIPLE L FWD DIAGONAL L, STOMP R, STOMP L

1&2walk R to R diagonal, lock L behind R, walk R to R diagonal

3-4stomp L in place, stomp R in place

5&6walk L to L diagonal, lock R behind L, walk L to L diagonal

7-8stomp R in place, stomp L in place

SECT.4 STEP 1/2 TURN L, MILITARY 1/4 TURN L, "ELVIS KNEES" X3, HOLD

1-2walk R, 1/2 turn L (weight on L) (12.00)

3-4walk R, 1/4 turn L (weight on L) (9.00)

5-6weight on L move R knee inside, weight on R move L knee inside

7-8weight on L move R knee inside, hold (weight on L)

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