

# TV In The Morning

LINEDANCE.COM

**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Danielle PROVOST - April 2019

**Music:** TV in the morning by DNCE

**Intro : 8 count (start on the lyrics)**

**[1-8] ROCK STEP R FWD, ANCHOR STEP R, STEP BACK L & R, COASTER STEP L**

**1-2ROCK STEP R FWD : step forward R (1), recover weight L (2)**

**3&4ANCHOR STEP R : R foot behind L foot (3) recover body weight L (&) recover R (4)**

**5-6STEP BACK L & R : step back L (5) step back R (6)**

**7&8COASTER STEP L : step back L (7) together R beside L (&) Forward L (8)**

**[9-16] TOE STRUT R FWD, TRIPLE STEP L FWD, POINT R FWD, ¼ TURN L, SAILOR STEP R**

**1-2TOE STRUT R FWD : step R forward on the ball (1) pose R (2)**

**3&4TRIPLE STEP LEFT FWD : step L forward (3), step R beside L (&), step L forward (4)**

**5-6POINT R FWD: point R forward (5), ¼ TURN L : ¼ turn to the left (6) body weight L 9h**

**7&8SAILOR STEP R : cross R behind L (7), Left foot L (&), Right foot R (8) body weight R**

**[17-24] ROCK STEP L FWD, ANCHOR STEP L, POINT R BACK ½ T, ANCHOR STEP R**

**1-2ROCK STEP L FWD : step L forward body weight L (1), recover R (2)**

**3&4ANCHOR STEP L : Left foot behind Right foot (3) body weight R (&) recover body weight L (4) - (style option with ANCHOR STEP : CHEST POP : push back shoulders pushing the bust forward (3) bring back shoulders (&) push back again shoulders pushing the bust forward (4))**

**5-6POINT R BACK ½ T : point R behind Left foot (5), ½ turn to the R (6) 3h**

**7&8ANCHOR STEP R : R foot behind L foot (7) recover body weight L (&) recover R (8) - (style option with ANCHOR STEP : CHEST POP : push back shoulders pushing the bust forward (7) bring back shoulders (&) push back again shoulders pushing the bust forward (8))**

**[25-32] POINT SIDE L, STEP BACK, POINT SIDE R, STEP BACK, HEELS BOUNCE  $\frac{1}{2}$  T R, STEP L FWD, TOUCH R**

**1-2POINT SIDE L : point Left foot left (1), step back L body weight L(2)**

**3-4POINT SIDE R : point Right foot right (3), step back R body weight R (4)**

**5-6HEELS BOUNCE  $\frac{1}{2}$  T R : knees flexed, raise both heels  $\frac{1}{4}$  turn right, pose (5), raise both heels  $\frac{1}{4}$  t right, pose (6) body weight R 9h**

**7-8STEP L FWD : step L forward (7), TOUCH R : Touch R beside L (8) body weight L**

**Final, 11 wall at the end of the dance (at 3h), instead of Touch R beside L, Step R  $\frac{1}{4}$  turn L, Touch R beside L to end up facing 12h.**

**Source : this card is the original. If you have any questions do not hesitate to contact me :**

**Danielle PROVOST - [mavipavada@hotmail.com](mailto:mavipavada@hotmail.com)**