

# Lamour C'est Pour Rien

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Jennifer Jou & Irene Deng, Taiwan (August 2019)

**Music:** Lamour C'est Pour Rien by Enrico Macias

**Intro : 32 count From the start of The Track.**

**Sec 1 : FORWARD, HOLD, FORWARD, HOLD, TOUCH ,1/2 R, BALL STEP, TOUCH,**

1 - 4            Step RF fwd. Hold, Step LF fwd, Hold

5 - 8            Touch R toe to R side, 1/2 turn R on L ball step RF beside LF, Touch LF to L side, Hold (6:00)

**Sec 2 : CROSS, TOUCH, BACK, SWEEP, 1/4 L SAILOR, HOLD**

1 - 4            Cross LF over RF, Touch RF behind LF, Step RF back, Sweep LF to Out side

5 - 8 1/4 turn L , Cross LF Behind RF, Step LF to L, Hold (3:00)

**Sec3 : CROSS , 1/4 R BACK, BACK, HOOK, FORWARD, TOUCH, 1/4 R FORWARD, TOUCH**

1 - 4            Cross RF over LF, 1/4 R step LF back. step RF back. hooking LF over RF (6:00 )

5 - 8            Step LF fwd, touch RF to R side, 1/4 R step RF fwd, touch LF to L Side (9:00)

**Sec 4 : LOCK STEP (LR L), 1/4 L FLICK, FORWARD, RECOVER, BIG SIDE, STOMP**

1- 4            Step LF fwd. cross RF behind LF, step LF fwd, 1/2 L on L ball flick RF behind LF (3:00)

5 - 8            Rock RF fwd, recover on LF, big step RF to R, stomp LF beside RF

**Start Again & Have fun !**

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