

# To Lead A Better Life

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**Count:** 32      **Wall:** 4      **Level:** High Beginner

**Choreographer:** Annette Lapp (Denmark) August 2019

**Music:** Here, There and Everywhere by The New Seekers and Keith Potger. album: The Albums 1970 - 73 (iTunes)

## Intro: 12 count

### Side, Together, Shuffle Forward, Side, Behind, $\frac{1}{4}$ Turn Left Shuffle Forward

- 1-2      Step right to right, left beside right  
3 & 4      Step right forward, left beside right, step right forward  
5 - 6      Step left to left, step right behind left

**7&8 $\frac{1}{4}$  turn left stepping left forward, step right beside left, step left forward**

### Rock Step Right, &, Rock Step Left, &, Sway Right, Left, Shuffle Back

- 1 - 2 &      Rock right forward, recover onto left, right beside left  
3 - 4 &      Rock left forward, recover onto right, left beside right  
5 - 6      Sway right, sway left  
7 & 8      Step right back, step left beside right, step right back

### Back Rocking Chair, $\frac{1}{2}$ Turning Shuffle Left, $\frac{1}{2}$ Turning Shuffle Right

- 1 - 2      Rock left back, recover onto right  
3 - 4      Rock left forward, recover onto right  
**5 & 6 $\frac{1}{4}$  turn left stepping left to left, step right beside left,  $\frac{1}{4}$  turn left stepping left forward**  
**7 & 8 $\frac{1}{4}$  turn right stepping right to right, step left beside right,  $\frac{1}{4}$  turn right stepping right back**

### Sailor Step Left and Right, Cross, Unwind $\frac{1}{2}$ Right, Kick Ball Change

- 1&2      Step left behind right, step right to right, step left to left  
3&4      Step right behind left, step left to left, step right to right  
5 - 6      Cross left over right, on ball turn  $\frac{1}{2}$  right (weight on right)  
7&8      Kick left forward, left beside right, touch right beside left

**Ending: Dance up to count 24 (12.00) and pose**

**Contact: [lappa@hotmail.com](mailto:lappa@hotmail.com)**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=135621](https://www.linedance.com/index.php?f=dance_view&id=135621)