

AB My Love

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Count: 32 **Wall:** 1 **Level:** Absolute Beginner

Choreographer: Janet Cummings - USA - August 2019

Music: My Love - Clare Dunn - Length: 3:15 - BPM: 110

Intro: 16 Count - No Tags or Restarts

SECTION 1: V FORWARD, OUT-OUT TO SIDES (R, L), R STEP BACK TO CENTER, L TOGETHER; V BACK, R STEP OUT TO SIDE, L OUT TO SIDE, R FORWARD TO CENTER, L STEP FORWARD TO CENTER

1, 2, 3, 4: R Step Forward Diagonally, L Step Forward Diagonally, R Step Back to Center, L Step Back to Center

Inverted V:

5, 6: Going Back: R Step Back Diagonally, L Step Back Diagonally

7, 8: R Step Forward To Center, L Step Forward to Center

SECTION 2: R SLOW KICK, BALL, CHANGE, TOUCH, RIGHT GRAPEVINE;

1, 2, 3, 4: R Kick Forward, Step on Ball of R Foot, Step on L to Bear Weight, R Touch

5, 6, 7, 8: R Step to Side, L Step Behind, R Step to Side, L Touch

SECTION 3: L SLOW KICK, BALL, CHANGE, TOUCH; LEFT GRAPEVINE

1, 2, 3, 4: L Kick Forward, Step on Ball of L Foot, Step on R to Bear Weight, L Touch

5, 6, 7, 8: L Step to Side, R Step Behind, L Step to Side, R Touch

SECTION 4: JAZZ BOX, ROCKING CHAIR

1, 2, 3, 4: R Cross L, L Step Back, R Step to Side, L Step Forward

5, 6, 7, 8: R Rock Forward, L Recover, R Rock Back, L Recover

NOTE: In the 9th Pattern, the first 4 Counts are silent (pause/break). Your instructor will advise when this will happen. You need to continue the dance pattern (Forward V) as if music were playing.

This Dance is #14 in our AB Series; we learn an Inverted V, and a Slow Kick, Ball, Change.

Advice....Learn the Terminology and Floor Etiquette, and always respect your instructors...they work hard to please you...to succeed in what they do they need your cooperation. God bless.

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