

Lonely Blues

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Count: 64 **Wall:** 4 **Level:** Beginner / Improver

Choreographer: Rachael McEnaney-White (UK/USA) April 2019

Music: Mr. Lonely - Midland (2.59mins) - approx. 150bpm. iTunes

Tag: 2 - Restart: 0

Dance Start: After 16 counts of music, with vocal

S1: Tap, Forward, Tap, Forward, Ball Step, Rock, Recover, Stomp, Stomp, Together

12&3&4&RF tap forward(1), hip bump back(2), weight shift on RF(&), LF tap forward(3), hip bump back(&), weight shift to LF(4), RF lock in(&)

56&78&LF rock forward(5) and roll body forward and back head first, recover(6), LF back(&), R quarter turn and RF stomp R(7), LF stomp L(8), RF together on ball(&) (3:00)

S2: Cross, Side, Hitch, Cross, Tap, Hip Bump and Swivel, Shift Weight, Spiral Turn, Run, Side

12&3LF cross RF(1), RF tap R(2), RF hitch(&), RF cross LF(3)

4&5LF tap L(4), weight shift to LF(&), shape swivel R quarter turn and sit on RF(5)

678& Weight move on RF(6), LF forward(7) and R full turn, RF forward(8), R quarter turn and LF L(&) (9:00)

S3: Cross, Rock, Recover, Hitch, Weave and Tap, Unwind, Side, Together

12&3RF cross LF(1), LF rock L(2), recover(&), LF hitch(3)

4&5LF cross RF(4), RF R(&), LF cross tap behind RF(5) head turn R

678& Unwind(6), finish unwind $\frac{3}{4}$ turn weight on LF(7), RF R(8), LF tap beside RF(&) (12:00)

S4: Side, Weight to L, Sailor Step Turn, Cross, Tap, Cross, Tap

123LF reach far and tap L(1), move weight between two feet(2), continue to move weight on LF(3) and sweep RF back

4&5R quarter turn and RF cross behind LF(4), LF L(&), RF cross LF(5)

678LF tap L(6), LF cross RF(7), RF tap R(8) (3:00)

Tag 1: RF rock forward(1), sway back on LF(2), sway forward on RF(3), L half turn swivel and weight on LF(4)

Tag 2: RF stomp R(1), LF stomp L(2), arms sweep in across chest and up(3), continue arm motion overhead until arms open(4)

After the third wall, do Tag 1 and start from top facing 3:00

After the fifth wall, do Tag 1 and then Tag 2 and start from top facing 3:00

After the seventh wall, do Tag 1 and then Tag 2 and start from top facing 3:00

Enjoy the dance!