

Rise

LINEDANCE.COM

Count: 32 **Wall:** 2 **Level:** Improver

Choreographer: Rex Chuan – April 2019

Music: "Rise" by Jonas Blue

Tag: 0 - Restart: 0

Start: Dance starts after 40 counts of intro, with vocal

S1: Side Together X3, Cross, Side, Hols, Monterey Turn, Hold, Together, Side

1&2&3&RF R(1), LF together(&), RF R(2), LF together(&), RF R(3), LF together(&) (styling guide: shoulders tilt)

4&RF cross behind LF(4), LF tap L(&)

5 6& Hold 5, R quarter turn and LF together(6), RF tap R(&)

7 8& Hold 7, RF together(8), LF L(&) (9:00)

S2: Heel X2, Kick Hitch, Cross, Side, Hold, Monterey Turn, Hold, Together Side

1 2 3&RF heel tap diagonally(1), RF heel tap diagonally(2), RF kick(3) and hitch(&)

4&RF back diagonally(4), LF tap L(&)

5 6& Hold 5, R quarter turn and LF together(6), RF tap R(&)

7 8& Hold 7, RF together(8), LF L(&) (6:00)

S3: Cha Cha Cha, Kick, Cha Cha Cha, Kick, Forward X2, Tap, Turn And Forward, Tap

1&2&RF forward diagonally(1), LF lock in(&), RF forward diagonally(2), LF kick R diagonally(&)

3&4&LF forward diagonally(3), RF lock in(&), LF forward diagonally(4), RF kick forward(&)

5 6&RF forward(5), LF forward(6), RF tap behind LF on toe(&)

7 8& Hold 7, L half turn and large step forward(8), LF tap behind RF on toe(&)

S4: Knees Open, Close, Open, Close, Open, Close, Side, Tap, Hold, Side, Tap, Hold, Unwind

1&2&3& Open both bent knees(1), close(&), open again(2), close(&), open again(3), close(&)

4&LF L(4), RF tap behind LF (&)

56& Hold 5, RF R(6), LF cross behind RF(&)

7 8 Hold 7, unwind R half turn(8) (6:00)

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=132548