

# Good Feeling

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**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Antoinette Claassens (April 2019)

**Music:** Real Good Feeling "By" Kent & Di Natale

## Intro: 28 Counts

### Sec 1: Heel & Heel & Swivel & x2

1&2&RF. Dig heel fwd - RF. Step together - LF. Dig heel fwd - LF. Step together

3&4&RF. Touch toe fwd - RF+LF. Swivel both heel to right - RF+LF. Swivel both heel to center - RF. Step together

5&6&LF. Dig heel fwd - LF. Step together - RF. Dig heel fwd - RF. Step together

7&8LF. Touch toe fwd - LF+RF. Swivel both heel to left - LF+RF. Swivel both heel to center (weight on RF)

### Sec 2: Back Rock, Recover, & Step Together, Step fwd, 1/4 Side Rock, Recover, Cross Over, Kick-Ball-Cross

1-2LF. Back rock - RF. Recover

&3-4LF. Step together - RF. Step fwd - LF. Step fwd

5&6RF. Side rock with a 1/4 turn left - LF. Recover - RF. Cross over LF (9:00)

7&8LF. Kick diagonal left fwd - LF. Step together - RF. Cross over LF

### Sec 3: Step Side, Behind, L Chasse, Cross Over, Unwind, Behind-Side-Cross

1-2LF. Step side - RF. Cross behind LF

3&4LF. Step side - RF. Step beside LF - LF. Step side

5-6RF. Cross over LF - Unwind full turn left (weight on RF)

7&8LF. Cross behind RF - RF. Step side - LF. Cross over RF

### Sec 4: R Side Mambo, Step Together, L Side Mambo, Step Together, Mambo fwd, Step Together, Coaster Step

**1&2RF. Side rock - LF. Recover - RF. Step together**

**3&4LF. Side rock - RF. Recover - LF. Step together**

**5&6RF. Rock fwd - LF. Recover - RF. Step together**

**7&8LF. Step back - RF. Step together - LF. Step fwd **\*\*Restart Point\*\*****

### **Sec 5: Rock fwd, Recover, Shuffle 1/2 Turn R, Rock fwd, Recover, Shuffle 1/2 Turn L**

**1-2RF. Rock fwd - LF. Recover**

**3&4** Shuffle 1/2 turn right, stepping R,L,R (3:00)

**5-6LF. Rock fwd - RF. Recover**

**7&8** Shuffle 1/2 turn left, stepping L,R,L (9:00)

### **Sec 6: Rock fwd, Recover, Behind-Side-Cross, Side Rock, Recover, & Step Together, Step Side, Step Together**

**1-2RF. Rock fwd - LF. Recover**

**3&4RF. Cross behind LF - LF. Step side - RF. Cross over LF**

**5-6LF. Side rock - RF. Recover**

**&7-8LF. Step together - RF. Step side - LF. Step together**

### **Start Again**

**Restart: On the 3rd wall after count 32 (3:00)**

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