

Lost Cowboy

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Count: 48

Wall: 2

Level: Phrased Beginner / Intermediate country

Choreographer: Antonio Manigas - April 2019

Music: Get Lost by Binky

Sequence : Tag-Tag-B-B-A-Tag-Tag-B-B-A-Tag-Tag-B-B-Tag-Tag-B-B-B-B

Part A: 32 counts

S1A) LOCK STEP R. ,LOCK STEP L. ,ROCK RECOVER/SWIVEL ,TURN ½ SHUFFLE R.

1&2(Diagonally)Step Right Forward , Lock Left Behind Right , Step Right Forward

3&4(Diagonally) Step Left Forward , Lock Right Behind Left , Step Left Forward

5 - 6 Step Right Forward And Swivel Both Heels To Right Side(R&L) ,Return Both Heels To Centre And Recover To Left Step And Taking Weight

&7&8 Turn ½ (06:00) , Step Right Forward , Step Left Beside Right , Step Right Forward

S2A) TURN ½ , TURN ½ ,PIVOT, ROCK RECOVER, COASTER STEP

1 - 2 Turn ½ (00:00) Step Left Backward , Turn ½ (06:00) Step Right Forward

3 - 4 Step Left Forward , Pivot Turn ½ (00:00)

5 - 6 Step Left Forward , Recover On The Right Step

7&8 Step Left Backward , Step Right Beside Left , Step Left Forward

S3A) V,AUDEVILLE L. , VADEVILLE R. ,PIVOT , STOMP R. , STOMP L.

&1&2 Cross Right Over Left,Step Left Diagonally Back To Left ,Touch Right Heel Diagonally Forward To Right,Step Right To Right Side

&3&4 Cross Left Over Right,Step Right Diagonally Back To Right,Touch Left Heel Diagonally Forward To Left, Step Left To Left Side

5 - 6 Step Right Forward , Pivot Turn ½ (06:00)

7 - 8 Step Right Forward And Stomp , Stomp Left Beside Right

S4A) ROCK SIDE R. , WAVE , ROCK SIDE L. , WAVE

1 - 2 Step Right To Right Side And Rock Side , Recover On To The Left

3&4 Cross Right Behind Left , Step Left To Left Side,Cross Right Over Left Forward

5 - 6 Step Left To Left Side And Rock Side , Recover On To The Right

7&8 Cross Left Behind Right , Step Right To Right Side , Cross Left Over Right Forward

Part B: 16 counts

S1B) WAVE R. , SCISSOR R. , WAVE L. , SCISSOR L.

1&2& Step Right To Right Side , Cross Left Behind Right , Step Right To Right Side , Cross Left Over Right Forward

3&4 Step Right Diagonally Back To Right , Step Left Beside Right , Cross Right Over Left Forward

5&6& Step Left To Left Side , Cross Right Behind Left , Step Left To Left Side , Cross Right Over Left Forward

7&8 Step Left Diagonally Back To Left , Step Right Beside Left , Cross Left Over Right Forward

S2B) SCUFF&KICK R. ,TOE BACK R. ,TURN ½ HEEL SWITCHES R&L , SCUFF R. , OUT R. ,SCUFF L. , VINE L. , STOMP R.

1 - 2 Scuff Right And Kick ,Step Right Backward And Toe Back

&3&4 Turn ½ (06:00) And Step Right Forward And Right Heel , Return Beside Left Taking Weight, Step Left Forward And Left Heel , Return Beside Right And Taking Weight

5&6 Scuff Right Beside Left , Step Right Diagonally To Right Side , Scuff Left Beside Right

&7&8 Step Left To Left Side , Cross Right Behind Left , Step Left To Left Side , Stomp Right Beside Left

TAG

ST1) ROCK IN CHAIR,HOLD,COASTER STEP,PIVOT TURN ½ ,SAILOR STEP

1&2& Step Right Forward, Return On The Left , Step Right Backward , Hold

3&4 Step Left Backward , Step Right Baside Left , Step Left Forward

5&6 Step Right Forward , Pivot Turn ½ (06:00) , Turn ½ (00:00) And Step Right Backward

7&8 Cross Step Left Behind Right , Open Right Step To Right Side , Open Left Step To Left Side

ST2) ROCK IN CHAIR , HOLD , COASTER STEP , PIVOT TURN ½ , TURN ½ , STOMP R.

1&2& Step Right Forward , Return On The Left , Step Right Backward , Hold

3&4 Step Left Backward , Step Right Beside Left , Step Left Forward

5&6 Step Right Forward , Pivot Turn ½ (06:00) , Turn ½ (00:00) And Step Right Backward

7-8 Turn ½ /06:00) And Step Left Forward , Stomp Right Beside Left

