

High Hopes

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Count: 50 **Wall:** 2 **Level:** Improver

Choreographer: Ron Tate (April 2019)

Music: Better Than Today / Don Williams - BPM : 88 - CD: And So It Goes. iTunes & Amazon

Count in: Dance starts on vocals

Tags/Restarts: 1 Restart during Wall 2 after count 24 facing 6 o'clock

S1: Walk Forward, Shuffle, Mambo, Sweep Back (x2)

- 1 - 2 Walk Forward (R), Walk Forward (L)
- 3 & 4 Step Forward (R), Step (L) Next To (R), Step Forward (R)
- 5 & 6 Rock Forward (L), Rock Back (R), Step (L) Next To (R)
- 7 - 8 Sweep (R) Back Behind (L), Sweep (L) Back Behind (R)

S2: Coaster, Shuffle, Touch, Step Back, Sailor Turn

- 1 & 2 Step Back (R), Step (L) Next To (R), Step Forward (R)
- 3 & 4 Step Forward (L), Step (R) Next To (L), Step Forward (L)
- 5 - 6 Touch (R) Toe Forward, Sweep (R) Behind (L) & Stepping Back (R)
- 7 & 8 Cross (L) Behind (R) Making $\frac{1}{4}$ Turn (L), Step (R) To Side, Step (L) In Place - 9 O'clock

S3: Step, Turn, Cross, $\frac{1}{4}$ Turn, $\frac{1}{4}$ Turn, Cross, Side Rocks Cross (x2)

- 1 & 2 Step Forward (R), $\frac{1}{4}$ Turn (L), Cross (R) Over (L) 6 O'clock
- 3 & 4 Make A $\frac{1}{4}$ Turn (R) Stepping Back (L), Make A $\frac{1}{4}$ Turn (R) Stepping (R) To Side, Cross (L) Over (R) 12 O'clock
- 5 & 6 Side Rock (R), Side Rock (L), Cross (R) Over (L)

Nb. The Dance Ends At This Point Facing The 12 O'clock Wall

- 7 & 8 Side Rock (L), Side Rock (R), Cross (L) Over (R)

Restart: During Wall 2 Facing 6 O'clock

S4: $\frac{1}{4}$ Turn, $\frac{1}{4}$ Turn, Cross Mambo (x2), Step, Turn

- 1 Make A $\frac{1}{4}$ Turn (L) Stepping Back (R) 9 O'clock
- 2 Make A $\frac{1}{4}$ Turn (L) Stepping (L) To Side 6 O'clock

- 3 & 4** Cross Rock (R) over (L), Rock Back (L), Step (R) to SIDE
- 5 & 6** Cross Rock (L) over (R), Rock Back (R), Step (L) to SIDE
- 7 - 8** Step Forward (R), Pivot ½ Turn (L) 12 O'clock

S5: Shuffle, ½ Turn, ½ Turn (or 2x Walks), Shuffle Turn, Coaster

- 1 & 2** Step Forward (R), Step (L) Next To (R), Step Forward (R)
- 3** Make A ½ Turn (R) Stepping Back (L) 6 O'clock
- 4** Make A ½ Turn (R) Stepping Forward (R) 12 O'clock

Easier Option: Walk Forward (L), Walk Forward (R)

- 5 & 6** Shuffle ½ Turn (R) Stepping (L R L) 6 O'clock
- 7 & 8** Step Back (R), Step (L) Next To (R), Step Forward (R)

S6: Cross, Back, Turn, Cross Shuffle, Toe Touches (Out-In-Out), Behind, Turn, Step, Toe Touches (Out-In-Out)

- 1 & 2** Cross (L) Over (R), Step Back (R), Turn ¼ (L) Stepping (L) To Side 3 O'clock
- 3 & 4** Cross (R) Over (L), Step (L) To Side, Cross (R) Over (L)
- 5 & 6** Touch (L) Toe To Side, Touch (L) Toe Next To (R), Touch (L) Toe To Side
- 7 & 8** Cross (L) Behind (R), Make A ¼ Turn (R) Stepping (R) To Side, Step Forward (L) 6 O'clock
- 1 & 2** Touch (R) Toe To Side, Touch (R) Toe Next To (L), Touch (R) Toe To Side

REPEAT STEPS

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