

# Open Up

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Feargal Keegan – July 2019

**Music:** Open Up – The Saturdays

## **Intro: 8 - Tags: No - Restarts: 1**

- **Wall 5: After finishing Section 1, start the dance again.**

## **Section 1: R side, together, shuffle forward, L side, together, shuffle back (12:00)**

- 1, 2**      Step R to R side, Step L beside R
- 3&4**      Shuffle forward RLR
- 5, 6**      Step L to L side, Step R beside L
- 7&8**      Shuffle back LRL

## **Section 2: R back rock, 1/4 side shuffle, behind-side-cross shuffle (9:00)**

- 1, 2**      Rock R back, recover
- 3&4**      Side shuffle RLR turning 1/4 over L shoulder (9:00)
- 5, 6**      Step L behind R, Step R to R side
- 7&8**      Cross shuffle L over R LRL

## **Section 3: R side rock, and side, R cross, 1/4 step, 1/4 shuffle, L cross (3:00)**

- 1, 2**      Rock R to R side, recover
- &3**      Step R beside L, Step L to L side
- 4, 5**      Cross L over R, Step L back turning 1/4 over R shoulder (12:00)
- 6&7**      Side shuffle RLR turning 1/4 over R shoulder (3:00)
- 8**      Cross L over R

## **Section 4: R side rock, L cross shuffle, Side L, touch and heel and touch (3:00)**

- 1, 2**      Rock R to R side, recover
- 3&4**      Cross shuffle L over R LRL
- 5, 6&**      Step L to L side, touch R beside L, step R back
- 7&8**      Heel L, Step L down, Touch R beside L