

# Clap & Change (P)

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**Count:** 32                      **Wall:** —                      **Level:** Improver partner / circle

**Choreographer:** Tiziana Nastasi & Luca Florida (March 2019)

**Music:** The World Needs a Drink by Terry Clark

**Alt. music: She's Tough by Chris LeDoux.**

**Position: one in front of the other: Man facing the center of the circle, woman facing outwards**

## Session 1

1-2            Man: Step left to side, step right together

**Woman: Step right to side, step left together**

3-4            Man: Step left to side, touch right together

**Woman: Step right to side, touch left together**

5-6            Man: Step right to side, step left together

**Woman: Step left to side, touch right together**

7-8            Man: Step right to side, step left together

**(the man raises his left arm maintaining contact with the woman's hand)**

**Woman: Step right to side, step left together**

## Session 2

1&2            Man: Shuffle forward right-left-right

**Woman: Shuffle forward right-left-right**

**(the woman goes towards the center of the circle, passing under the man's arm. The man goes in the opposite direction)**

3&4            Man: Shuffle forward left-right-left

**Woman: Shuffle forward left-right-left**

5-6            Man: Step right forward, ½ turn to left

**Woman: Step right forward, ½ turn to left**

7-8 Man: Step right forward, step left together

**Woman: Step right forward, step left together**

### Session 3

1-2 Man: Step right diagonal forward (towards the woman's direction), touch left together & clap your hands with the woman

**Woman: Step right diagonal forward (towards the man's direction), touch left together & clap your hands with the man**

3-4 Man: Step left diagonal back (rotate the body of 1/8 to the left), touch right together & clap your hands

**Woman: Step left diagonal back (rotate the body of 1/8 to the left), touch right together & clap your hands**

5-6 Man: Step right forward (go in the direction of the other woman who now finds yourself in front of you), touch left together & clap your hands with the woman

**Woman: Step right forward (go in the direction of the other man who now finds yourself in front of you), touch left together & clap your hands with the man**

7-8 Man: Step left back , touch right together & clap your hands

**Woman: Step left back , touch right together & clap your hands**

### Session 4

1-8 Man and Woman Starting with the right foot, take 8 steps in a circle (clockwise) to reverse the man/woman position, until you reach your starting position (man facing the woman)

**Note: At the first step, touch the woman's hand. The joined hands will mark the center of the circle.**

**Resume the dance with the new partner**