

# La Bamba

LINEDANCE.COM

**Count:** 56      **Wall:** 4      **Level:** Beginner

**Choreographer:** Marchy Susilani (INA), July 2019

**Music:** La Bamba by Los Lobos

## Intro : 8 Counts

### Sec 1 : Forward lookstep hold (R, L)

1-4      Step forward on R step L behind R step forward on R, hold

5-8      Step forward on L, step R behind L, step forward on L, hold

### Sec 2 : Forward, pivot $\frac{1}{2}$ L, forward pivot $\frac{1}{2}$ L

1-4      Step forward on R pivot  $\frac{1}{2}$  left, step forward on R, hold

5-8      Step forward on L pivot  $\frac{1}{2}$  right, step forward on L, hold

### Sec 3 : Rock forward back (Mambo), rock back, forward

1-4      Rock forward on R, recover on L, step back on R, hold

5-8      Rock back on L, recover on R, step forward on L, hold

### Sec 4 : Scissor step

1-4      Step R to right side, step L next to R, cross R over L, hold

5-8      Step L to left side, step R next to L, cross L over R, hold

### Sec 5 : Vine right, side rock, cross

1-4      Step R to right side, step L behind R, step R to side, cross L over R

5-8      Rock side on R, recover on L, cross R over L, hold

### Sec 6 : Side rock forward $\frac{1}{4}$ right hold, forward, lock, hold

1-4      Rock side on L, recover on R, step forward on L  $\frac{1}{4}$  right, hold

5-8      Step forward on R, step L behind R, step forward on R, hold

### Sec 7 : Rock side, close L, R

1-4      Rock side on L, recover on R, step L next to R, hold

5-8      Rock side on R, recover on L, touch R next to L, hold

### Restart W5 (16 C) (12:00)

**Have fun.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=135093](https://www.linedance.com/index.php?f=dance_view&id=135093)