

# Fast As You

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**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Heather Gronow (March 2019)

**Music:** Fast As You by Dwight Yoakam

**Especially for: Saone Country 10th Anniversary February 2019**

**\* When dancing to Bloodline, 5th repetition:**

**Dance 32 counts add 2 steps then continue with pattern. (man fwd R,L - lady back L,R)**

**Intro: 8 count intro, start with vocals**

**Start: Facing FLOD, Ladies outside, men inside, single hand hold.**

**Man's footwork described, ladies opposite except where noted.**

**[1-8] WALK, WALK, KICK BALL CHANGE, ROCK, REPLACE, ¼ SHUFFLE SIDE**

**1,2,3&4** Step fwd R, step fwd L, kick fwd R, step back on ball of R, step fwd L

**5,6,7&8** Rock fwd R, replace weight on L, turn ¼ right stepping side R, step L next to R, step side R

**HANDS: Count 7: release ladies left & pick up ladies right in mans left.**

**[9-16] ROCK, REPLACE, SHUFFLE SIDE, CROSS OVER, STEP SIDE, BEHIND, SIDE, OVER**

**1,2,3&4** Cross rock L over R, replace weight on R, step side L, step R next to L, step side L

**5,6,7&8** Step R over L, step side L, step R behind L, step side L, step R over L

**HANDS: Count 3: pick up ladies left. Count 5: release ladies right & pick back up on Count 6.**

**[17-24] TRAVELING FLOD SHUFFLE ¼ TURN, SHUFFLE ½ TURN, SHUFFLE BACK, ROCK, REPLACE**

**1&2MAN: Turn ¼ left stepping fwd L into closed social position, step R next to L, step fwd L**

**3&4** Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R

**5&6,7,8** Step back L, step R next to L, step back L, rock back R, replace weight L

**1&2LADY: Turn ¼ left stepping side R in front of man(into closed social), step L next to R, step side R**

**3&4** Turn  $\frac{1}{4}$  left stepping side L, step R next to L, turn  $\frac{1}{4}$  left stepping fwd L

**5&6,7,8** Step fwd R, step L next to R, rock fwd R, rock fwd L, replace weight on R

**HANDS: Count 1: place mans right on ladies back - into closed social position.**

**[25-32] ROCK, REPLACE, SHUFFLE, ROCK, REPLACE, SHUFFLE**

**1,2,3&4** Rock fwd R, replace weight on L, step back R, step L next to R, step back R

**5,6,7&8** Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L

**\* 5th repetition: Bonus steps (man fwd R,L - lady back L,R) then continue.**

**[33-40] (HE TURNS, SHE TURNS) STEP  $\frac{1}{2}$  TURN, SHUFFLE  $\frac{1}{2}$  TURN, ROCK, REPLACE, SHUFFLE FWD**

**1,2,3MAN: Step fwd R, pivot  $\frac{1}{2}$  left (weight on L), turn  $\frac{1}{4}$  left stepping side R**

**&4** Step L next to R, turn  $\frac{1}{4}$  left stepping back R

**5,6 7&8** Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L

**1,2,3&4LADY: Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L**

**5,6,7** Step fwd R, pivot  $\frac{1}{2}$  left (weight on L), turn  $\frac{1}{4}$  left stepping side R

**&8** Step L next to R, turn  $\frac{1}{4}$  left stepping back R

**HANDS Drop hands on count 1, pick up both hands on count 8**

**[41-48] ROCK, REPLACE, SHUFFLE  $\frac{1}{4}$  TURN LEADING LADY OUT, TURN LADY, SHUFFLE FWD**

**1,2,3&MAN: Rock fwd R, replace weight on L, step back R, turn  $\frac{1}{4}$  left stepping side L**

**4,5,6** Step R next to L, turn  $\frac{1}{4}$  left stepping fwd L (turning lady), step fwd R

**7&8** Step fwd L, step R next to L, step fwd L

**1,2,3&LADY: Rock back L, replace weight R, step fwd L step R next to L, step fwd L**

**4,5,6** Step fwd R, turn  $\frac{1}{2}$  right stepping back L, turn  $\frac{1}{4}$  right stepping side R

**7&8** Step L next to R, turn  $\frac{1}{4}$  right stepping fwd R

**HANDS: Count 4: release ladies left. Count 6 release ladies right and pick up ladies left**

**[49-56] STEP, LOCK, SHUFFLE FWD, STEP, LOCK, SHUFFLE FWD**

**1,2,3&4** Step fwd R, cross lock L behind R, step fwd R, step L next to R, step fwd R

**5,6,7&8** Step fwd L, cross lock R behind L, step fwd L, step R next to L, step fwd L

**COPPERKNOB (144.217.101.242)**

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