

Manic Monday

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Count: 32

Wall: 4

Level: High Beginner

Choreographer: Andrico Yusran , Lucy Sujadi d'ULD Pusat - Jakarta, Indonesia (July 2019)

Music: The Bangles - Manic Monday (Lyrics)

Tag : 4 counts after walls 3 - 6

Restart : On wall 8 after 28 counts

Start Dance after Intro music 36 counts

S1# GRAPEVINE (R - L)

1-2-3-4 Step R to side , L cross behind R , R to side , L touch beside R

5-6-7-8 Step L to side , R cross behind L , L to side , R touch beside L

S2# WALK - FORWARD LOCK SHUFFLE - ROCKING CHAIR

1-2 Step R - L forward

3&4 Step R forward , L cross behind R , R forward

5-6 Step L forward , R in place

7-8 Step L back , R in place

S3# PIVOT 1/4 - WEAVE - CROSS - SIDE TOUCH

1-2 Step L forward 1/4 turn to R , R in place

3-4 Step L cross over R , R to side

5-6 Step L cross behind R , R side touch

7-8 Step R cross touch over L , R side touch

S4# CROSS - SIDE TOUCH - CROSS SHUFFLE - SIDE TOUCH - CLOSE TOUCH - SIDE TOUCH - CLOSE TOUCH

1-2 Step R cross over L , L side touch

3&4 Step L cross over R , R to side , L cross over R

(Restart here on 8)

5-6 Step R to side touch , R close touch beside L

7-8 Step R to side touch , R close touch beside L

TAG: 4 COUNTS

SIDE - KICK - SIDE - TOUCH

1-2 Step R to side , L kick forward

3-4 Step L side , R close touch beside L

Enjoy The Dance

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Last Update - 24 July 2019 -R2