

Micho Russel's

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Count: 32 **Wall:** 4 **Level:** High Beginner

Choreographer: Magali CHABRET - March 2019

Music: Micho Russel's (Seamus Brett, CD : Celebration Of Riverdance & Lord Of The Dance, January 2014)

#40 counts intro (22 seconds)

S1 : STOMP, STOMP, HELL SPLIT TWICE, ¼ TURN L, ROCKING CHAIR

- 1-2** Stomp Rf forward – stomp Lf behind Rf
- &3&4** Split both heels out – split both heels in – split heels out – split heels in (taking weight on Rf)
- 5-6** Turn ¼ left and rock Lf forward – recover onto Rf (9:00)
- 7-8** Rock back on Lf – recover onto Rf

S2 : POINT SWITCHES, CLAP, CLAP, POINT SWITCHES, ¼ TURN L, STEP TOGETHER

- 1&2&** Point left toes forward – close Lf next to Rf – point right toes forward – close Rf next to Lf
- 3&4** Point left toes to left side – clap – clap
- 5&6&** Point left toes forward – close Lf next to Rf – point right toes forward – close Rf next to Lf
- 7-8** Point left toes to left side – turn 1/4 left stepping Lf next to Rf (6:00)

S3 : FWD TRIPLE, TRIPLE ½ TURN R, BACK ROCK, SCUFFF, HITCH, STOMP

- 1&2** Step Rf forward – step Lf beside Rf – step Rf forward
- 3&4** Turn 1/4 right stepping Lf to side – step Rf beside Lf – turn 1/4 right stepping back on Lf (12:00)
- 5-6** Rock back on Rf – recover onto Lf
- 7&8** Scuff right heel forward – hitch right knee – stomp Rf forward

S4 : FWD TRIPLE, ¼ TURN L & RIGHT CHASSE, BACK ROCK, SCUFFF, HITCH, STOMP

- 1&2** Step Lf forward – step Rf beside Lf – step Lf forward
- 3&4** Turn 1/4 left stepping Rf to side – step Lf beside Rf – step Rf to side (9:00)
- 5-6** Rock back on Lf – recover onto Rf
- 7&8** Scuff left heel forward – hitch left knee – stomp Lf forward

No Tag, No Restart !

**« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr -
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**Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque
manière que ce soit.**

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