

De Waarheid

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Count: 32 **Wall:** 2 **Level:** Newcomer Polka

Choreographer: Monika Mickein (GER) - March 2019

Music: De Waarheid by Frank Verkooyen - Edit (BPM 122) pitch down

Intro: 4 counts (8 - sec.)

R Shuffle fwd, L Shuffle fwd, Rock Step fwd, Chasse ¼ Turn R

1&2RF step fwd, LF step together, RF step fwd

3&4LF step fwd, RF step together, LF step fwd

5-6RF step fwd, LF recover weight

7&8RF ¼ Turn R right side, LF step together RF, RF step right side (3:00)

Chasse Box R 3/4 Turn, Scuff Side

1&2RF Turn ¼ R, chasse LRL (6:00)

3&4LF Turn ¼ R, chasse RLR, (9:00)

5&6RF Turn ¼ R, chasse LRL (12:00)

7-8RF Scuff, RF step right side step

**** RESTART in Wall 6 - 6:00 - add an & count to collect LF next to RF to start the dance**

L Shuffle fwd, Rock Step Fwd, Chasse ½ Turn R , L Shuffle Fwd

1&2LF step fwd, RF step together, LF step fwd

3-4RF step fwd, LF recover weight

5&6RF ¼ Turn R right side, LF step together RF, RF ¼ Turn R step right side (6:00)

7&8LF step fwd, RF step together, LF step fwd

Heel Switches R&L&R, Clap Clap, R Sailor, L Sailor

1&2&3RF Touch R heel fwd, RF step next to LF, LF touch L heel fwd, LF step next to RF, RF Touch R heel fwd

&4 Clap, Clap

5&6RF step behind LF, LF step to left side, RF step to right side

7&8LF step behind RF, RF step to right side, LF step to left side

Start again - Option for the party: you can also dance it contra have fun ☐

Restart in wall 6 after 16 counts - facing 06:00

Ending: in Wall 13 after 16 counts - facing 06:00

Step Turn ½ R, Stomp - facing 12:00 - and Pose

1-2LF step fwd, ½ Turn R, weight on RF

&LF stomp to left side (slightly fwd)

01.03.2019

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