

One Step at a Time

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Jeffrey Callejo (Hawaii) February 2019

Music: One Step At A Time by Jordin Sparks

Choreography Competition - Vegas Dance Explosion 2019 Division 3 First Place

S1: Walk, Walk, ½ Pivot, Syncopated Lock Steps (Dorothy Steps) X2

1-2(1) Step forward right foot, (2) step forward left foot

3-4(3) step forward right foot, (4) turn ½ left (weight to left)

5-6&(5) Step Right diagonally forward to the right, (6) Cross left behind right, (&) Step right to right side

7-8&(7) Step left diagonally forward to the left, (8) Cross right behind left, (&) Step left to left side

S2: ¼ pivot, Kick Ball Change, Cross & Heel &, Cross & Heel &

1-2(1) Step right forward, (2) ¼ left (weight to left)

3&4(3) Kick right forward, (&) Step right next to left, (4) Step left in place

5&6&(5) Cross right over left, (&) step left to left side, (6) Tap right heel forward, (&) Step right next to left

7&8&(7) Cross left over right, (&) Step right to right side, (8) Tap left heel forward, & Step left next to right

*** Restart here on Walls 4 and 9**

S3: ¼ Pivot, Cross Shuffle, Rock Recover, Behind Side Cross

1-2(1) Step forward right foot, (2) turn ¼ left (weight on left)

3&4(3) cross right over left, (&) step left to left side, (4) cross right over left

5-6(5) Rock left to left side, (6) Recover on right

7&8(7) step left behind right, (&) step right to right side, (8) cross left over right

S4: Mambo Right, Mambo Left, $\frac{1}{4}$ turn left, Kick, Coaster Step

1&2(1) Rock right to right side, (&) Recover on left, (2) Step right forward

3&4(3) Rock left to left side, (&) Recover on right, (4) Step left forward

5-6(5) $\frac{1}{4}$ turn left and step right foot back, (6) Kick left foot forward

7&8(7) step left foot back, (&) Step right next to left, (8) Step left foot forward

Contact: tjrc@hawaii.rr.com

Last Update - 14 Jan. 2020