

# Bright Side Of Life

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**Count:** 32

**Wall:** 4

**Level:** Improver - Novelty (Social Only)

**Choreographer:** Cato Larsen - (26 February 2019)

**Music:** Livets Lyse Side - Finn Kalvik. CD: Finn Kalvik - Fra A Til Nå: 40 Beste - 87 BPM.

**Intro: Start the dance on the word "dagen" (41 seconds).**

**[1 - 8] Step, Scuff, Step, Scuff, Mambo Step, Step, Scuff, Step, Scuff, Mambo Step.**

- 1&** Step forward on right (1), Scuff left foot forward (&). 12:00
- 2&** Step forward on left (2), Scuff right foot forward (&).
- 3&4** Step forward on right (3), Rock (recover) weight back again onto left (&), Step right next to left (4).
- 5&** Step forward on left (5), Scuff right foot forward (&).
- 6&** Step forward on right (6), Scuff left foot forward (&).
- 7&8** Step forward on left (7), Rock (recover) weight back again onto right (&), Step left next to right (8).

**[10 - 16] Shuffle Lock back, Shuffle 1/2 turn, 1/4 Chase turn, Side Rock & Cross.**

- 1&2** Step back on right (1), Lock left across of right (&), Step back on right (2). 6:00
- 3&4** Shuffle ½ turn left Stepping L,R,L (3&4).
- 5&6** Step forward on right (5), Pivot ¼ turn left (&), Cross left over right (6). 9:00
- 7&** Step left to left side (7), Rock (recover) weight back again onto right (&).
- 8** Cross left over right (8).

**[17 - 24] Side Mambo's & Touch, Forward & Back Mambo's & Touch.**

- 1&** Step right to right side (1), Rock (recover) weight back again onto left (&).
- 2&** Step right next to left (2), Step left to left side (&).
- 3&** Rock (recover) weight back again onto right (3), Step left next to right (&).
- 4** Touch right toe next to left (4).
- 5&** Step forward on right (5), Rock (recover) weight back again onto left (&).
- 6&** Step right next to left (6), Step back on left (&).
- 7&** Rock (recover) weight forward onto right (7), Step left next to right (&).

8 Touch right toe next to left (8).

**[25 - 32] ¼ Pivot turn twice, Sailor ¼ turn, Step, ½ Pivot turn, Sailor ¼ turn.**

1 Pivot ¼ turn right Stepping forward on right (1). 6:00

2 Pivot ¼ turn right Stepping left to left side (2). 9:00

3& Cross right behind left (3), Pivot ¼ turn right Stepping left next to right (&), 12:00

4 Step right slightly forward (4).

5,6 Step forward on left (5), Pivot ½ turn left Stepping back on right (6). 6:00

7& Cross left slightly behind right (7), Pivot ¼ turn left Stepping right next to left (&).

8 Step slightly forward on left (8). 3:00

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