

Lost in the Middle of Nowhere

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Guy Dubé – March 2019

Music: Lost In The Middle Of Nowhere – Kane Brown feat. Becky G

Note : Special thanks to Nathalie Paquet for the music choice..

Intro: 8 comptes.

[1-8] RUMBA BOX, COASTER STEP, STEP-LOCK-STEP

- 1&2** Step R to side, step L together R, step R forward
- 3&4** Step L to side, step R together L, step L back
- 5&6** Step R back, step L together R, step R forward
- 7&8** Step L forward, cross step R behind heel L, step L forward

[9-16] 1/4 TURN L and MAMBO SIDE, MAMBO SIDE, 2X (COASTER KICK TOGETHER)

1&2 1/4 turn to left and rock step R to side, recover on L, step R together L

- 3&4** Rock step L to side, recover on R, step L together R
- 5&6&** Step R back, step L together R, kick R forward, step R together L
- 7&8&** Step L back, step R together L, kick L forward, step L together R

Restarts : At the 3rd (face to 6:00) and 6th repetition (face to 9:00) do the first 16 counts and Restart the dance from the beginning.

[17-24] WALK-WALK-HITCH in 1/4 TURN R, CROSS-BEHIND-SIDE, CROSS SHUFFLE, MAMBO CROSS

- 1&2** Walk R,L forward flexing your knees, releasing do 1/4 turn right in hitching knee R
- 3&4** Cross R over L, step L back, step R to side
- 5&6** Cross L over R, step R to side, cross L over R
- 7-8** Rock side R, recover on L, cross step R over L

[25-32] 1/4 TURN R STEP BACK, 1/4 TURN R SIDE CROSS, MAMBO SIDE CROSS, MAMBO SIDE STEP FWD, STEP, PIVOT 1/2 TURN L, 1/4 TURN L TOUCH TOGETHER

1&2 1/4 turn to right and step L back, 1/4 turn to right and step R to side, cross step L over R

3&4 Rock step R, recover on L, cross step R over L

5&6 Rock side L, recover on R, step L forward

7&8 Step R forward, pivot 1/2 turn to left, 1/4 turn to left with toe touch together L

REPEAT AND HAVE FUN !

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=131709