

Dear Barry

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Count: 64 **Wall:** 4 **Level:** Improver

Choreographer: Gaye Teather (UK) (March 2019)

Music: I'm Gonna Sit Right Down and Write Myself A Letter by Barry Manilow (114 bpm) CD: Here Comes the Night. iTunes, Amazon etc

Intro: 16 Counts

Sec 1: R Heel Strut fwd with Clap, L Heel Strut fwd with Clap Rocking Chair, Rocking Chair x2

1&2&RF. Step on heel fwd - RF. Drop toe to the floor - LF. Step on heel fwd - LF. Drop toe to the floor

3&4&RF. Rock fwd - LF. Recover - RF. Rock back - LF. Recover

5&6&RF. Step on heel fwd - RF. Drop toe to the floor - LF. Step on heel fwd - LF. Drop toe to the floor

7&8&RF. Rock fwd - LF. Recover - RF. Rock back - LF. Recover

Sec 2: Step fwd, 1/4 Turn L, Cross, 1/4 Turn R, 1/4 Turn R, Cross, Chasse with a 1/4 Turn R, Step fwd, 1/4 Turn R, Cross

1&2RF. Step fwd - 1/4 Turn L - RF. Cross over LF (9:00)

3&4LF. 1/4 Turn R step back - RF. 1/4 Turn R step to R side - LF. Cross over RF (3:00)

5&6RF. Step to R side - LF. Step together - RF. 1/4 Turn R step fwd (6:00)

7&8LF. Step fwd - 1/4 Turn R - LF. Cross over RF (9:00) ****Restart Point****

Sec 3: Step R side, Touch, Step L Side, Touch, Back Rumba Box, Run, Run, Run fwd

1&2&RF. Step to R side - LF. Touch toe beside RF - LF. Step to L side - RF. Touch toe beside LF

3&4RF. Step to R side - LF. Step together - RF. Step back

5&6LF. Step to L side - RF. Step together - LF. Step fwd

7&8 Run with R,L,R fwd

Sec 4: Rock fwd, Recover, 1/4 Turn L, Vaudeville x2, Syncopated Weave with a 1/4 Turn L

1&2LF. Rock fwd - RF. Recover - LF. 1/4 Turn L step to L side (6:00)

3&4&RF. Cross over LF - LF. Step to L side - RF. Dig heel diagonal R fwd - RF. Step together

5&6&LF. Cross over RF - RF. Step to R side - LF. Dig heel diagonal L fwd - LF. Step together

7&8&RF. Cross over LF - LF. Step to L side - RF. Cross behind LF - LF. 1/4 Turn L step fwd (3:00)

Start Again

Restart: In the 3rd (3:00) and 6th wall after count 16 (6:00)

Ending: Wall 8, Dance up to count 5 (3:00) of the 4th block (3:00) do then

&6RF. Rock to R side - LF. Recover with a 1/4 turn L (12:00)

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