

# The Only One (La Unica)

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**Count:** 64

**Wall:** 4

**Level:** Improver Bachata

**Choreographer:** Wina Malinda Yogyakarta (IDN), March 2019

**Music:** OFFICIAL VIDEO Rebecca Kingsley - La Única

## #16 count intro

**Alt. music: Operator Operator by Eddy Raven as this works well for those preferring something a bit faster and more Country.**

## Side close, chassis. Cross rock, shuffle ¼ turn

- 1-2 Step right to right side, close left
- 3&4 Step right to right side, close left, step right to right side
- 5-6 Cross left over right, recover weight onto right
- 7&8 Make ¼ turn left stepping left to 9 o'clock, close right, step left forward

## Side close, chassis. Cross rock, shuffle ¼ turn

- 1-2 Step right to right side, close left
- 3&4 Step right to right side, close left, step right to right side
- 5-6 Cross left over right, recover weight onto right
- 7&8 Make ¼ turn left stepping left to 6 o'clock, close right, step left forward

## 2 Step points, cross back, shuffle ¼ right

- 1-2 Step right forward, point left to left side
- 3-4 Step left forward, point right to right side
- 5-6 Cross right over left, step back on left
- 7&8 Step right turning ¼ right, close left, step forward right

## 2 Hip bumps, rock recover, coaster step

- 1&2 Step forward on left moving hips to left, recover on right, recover on left
- 3&4 Step forward on right moving hips to right, recover on left, recover on right
- 5-6 Rock forward on left, recover back on right
- 7&8 Step back on left, close right to left, step forward on left

## Figure of 8

1-2 Step right to right side, cross left behind right

3-4 $\frac{1}{4}$  turn right stepping forward right,  $\frac{1}{4}$  turn left stepping to side

5-6 $\frac{1}{4}$  turn right stepping forward,  $\frac{1}{4}$  turn left stepping to side

7-8 Step right behind left, step left to left side

## 2 $\frac{1}{4}$ paddles, jazz box

1-2 Step forward right, step  $\frac{1}{4}$  left

3-4 Step forward right, step  $\frac{1}{4}$  left

5-6 Cross right over left, step back on left

7-8 Step right to right side, close left

## 2 Kick ball points, step tap, back hook

1&2 Kick right foot forward, replace right, point to left side with left

3&4 Kick left foot forward, replace left, point to right side with right

5-6 Step forward on right, tap left behind

7-8 Step back on left, hook right in front of left

## Diagonal slide forward and back, 4 jazz jumps back

1-2 Large step diagonally forward on right over 2 counts

3-4 Large step diagonally back on left over 2 counts

&5&6 Diagonally jump back right, touch left next to right, diagonally jump back on left, touch right next to left

&7&8 Diagonally jump back right, touch left next to right, diagonally jump back on left, touch right next to left

**Last Update - 16 April 2019**

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