

# Don't Call Me Up

LINEDANCE.COM

**Count:** 32                      **Wall:** 2                      **Level:** Intermediate

**Choreographer:** Nathan Gardiner (Scotland) February 2019

**Music:** Don't Call Me Up by Mabel

## Intro: 32 counts

### Side R, Together, Forward, Mambo Step, Sailor Step, Sailor Step, Heel Swivel

- 1&2**            Step R to R side, Step L next to R, Step forward on R
- 3&4**            Rock forward on L, Recover on R, Step back on L sweeping R from front to back
- 5&6**            Step R behind L, Step L to L side, Step R to R side
- &7&**            Step L behind R, Step R to R side, Step L to L side
- 8&**              Swivel R heel in, Swivel R heel to centre

### Knee In, Out, Kick Ball Touch, Step Back, Heel Dig, Ball Cross, 1/8 R, 1/8 R, Jump, Jump

- 1&2**            Turn L knee in, Turn L knee out, Kick L to L diagonal
- &3&4**           Step L forward on L diagonal, Touch R next to L, Step back on R, Dig L heel to L diagonal (on the diagonal)
- &5**              Step L next to R, Cross R over L (straightening up to front wall)

### 6-7 1/8 R stepping back on L, 1/8 R stepping R to R side

- &8**              Jump both feet together, Jump both feet together (travelling slightly to R side on the jumps)

### Side R, Rock Back, Recover, Side L, Rock Back, Recover, Syncopated Rocking Chair, Cross Samba

- 1-2&**           Step R to R side, Rock back on L, Recover on R
- 3-4&**           Step L to L side, Rock back on R, Recover on L
- 5&6&**           Rock forward on R, Recover on L, Rock back on R, Recover on L
- 7&8**            Cross R over L, Rock out on ball of L to L side, Recover on R

### Cross, Side R, Behind, Behind, 1/4 L, Rock Forward, Recover, 1/2 R, Spiral Full Turn R, Run R & L

- 1&2**            Cross L over R, Step R to R side, Step L behind R sweeping R from front to back
- 3-4**            Step R behind L, 1/4 L stepping forward on R

**5-6&** Rock forward on R, Recover on L, ½ R stepping forward on R

**7-8&** Step forward on L & spiral full turn R, Step forward on R, Step forward on L

**Contact: [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=131516](https://www.linedance.com/index.php?f=dance_view&id=131516)