

# AB Gotta Stay Hungry

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**Count:** 32      **Wall:** 1      **Level:** Absolute Beginner

**Choreographer:** Janet Cummings - USA - 18 June 2019

**Music:** Dancing In The Dark - Bruce Springsteen. BPM: 148

## **Intro: 32 Count - No Tags or Restarts**

### **SECTION 1: STEP R FORWARD, HOOK L BEHIND, STEP L, KICK R, SLOW R COASTER STEP, TOUCH**

**1, 2, 3, 4:** R Step Forward, L Hook Behind R Knee, L Step, R Kick

**5, 6, 7, 8:** R Step Back, L Step Back, R Step Forward, L Touch

### **SECTION 2: STEP L FORWARD, HOOK R BEHIND, STEP R, KICK L, SLOW L COASTER STEP, TOUCH**

**1, 2, 3, 4:** L Step Forward, R Hook Behind L Knee, R Step, L Kick

**5, 6, 7, 8:** L Step Back, R Step Back, L Step Forward, R Touch

### **SECTION 3: TOUCH R OUT TO SIDE, RETURN, STEP TO THE RIGHT, SLIDE L TOGETHER, TOUCH L OUT TO SIDE, RETURN, STEP TO THE LEFT, SLIDE R TOGETHER**

**1, 2, 3, 4:** R Touch Out to Side, Return, Step Out to Side, Slide L Together

**5, 6, 7, 8:** L Touch Out to Side, Return, L Step Out to Side, Slide R Together

### **SECTION 4: TOE STRUT JAZZ BOX**

**1, 2:** Cross R Toe Over L Foot, Drop Heel

**3, 4:** Step Back on L Toe, Drop Heel

**5, 6:** Step R Toe to Right, Drop Heel

**7, 8:** Step L Toe Forward, Drop Heel

**New Steps in this dance: Hook Behind R & L, Kick Forward R & L, Side Touches with a Slide R & L, Toe Strut Jazz Box.**

**You are doing a great job guys! Remember, to fully enjoy the “Line Dance Experience” follow floor etiquette. Ask your instructor for a copy of the rules. Thanks for checking in, see you soon!**

**Studies show that Dance enhances Physical and Mental health! May God be with us as we move forward step-by-step.**

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