

# L-O-L (Chair Dance)

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**Count:** 32

**Wall:** —

**Level:** Intermediate Chair dance

**Choreographer:** Rita Ensminger - June 2019

**Music:** Before The Next Teardrop Falls by Freddie Fender

**Alt. music: More And More And More by The Bellamy Brothers**

**TOE/KNEE IN-OUT, HEEL STEP, TOE/KNEE IN-OUT, HEEL STEP**

**1-4R toe/knee turned in-out, R heel touch forward, step together**

**5-8L toe/knee turned in-out, L heel touch forward, step together**

**SHUFFLES**

**1&2R side-together-side**

**3&4L side-together-side**

**5&6R point forward, point side, step together**

**7&8L point forward, point side, step together**

**HAIR BRUSH-BACK, SNAP, SNAP**

**1-2R hand brush over right ear, L hand brush over left ear,**

**3-4R hand snap. Left hand snap**

**5-8 Repeat**

**BACK, SIDE, FWD, STEP IN PLACE, APART, APART, TOGETHER, TOGETHER**

**1-4R back, L side, R forward, L step in place**

**5-8R step side, L step side, R step in, L step together**

**REPEAT**