

Nothing Breaks Like a Heart AB

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Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Annette Lapp (Denmark) Annemaree Sleeth (Australia) February 2019

Music: Nothing Breaks like a Heart by Mark Ronsom (feat. Miley Cyrus) album: Single: (iTunes)

This dance is an absolute beginner dance, but you can make some options, and then you get a beginner dance.

You can choose to dance the dance without restarts or choose to make a restart on wall 2 after 24 count, and wall 6 after 16 count

Intro: 48 Count

Cross Rock Right, Chasse Right, Cross Rock, Chasse Left

- 1 - 2** Cross right over left, recover onto left,
- 3 & 4** Step right to right, left beside right, step right to right
- 5 - 6** Cross left over right, recover onto right
- 7 & 8** Step left to left, right beside left, step left to left

Heel, Toe Right, Shuffle Forward, Heel Toe Left, Shuffle Forward

- 1 - 2** Step right heel forward, step right toe back
- 3 & 4** Step right forward, left beside right, step right forward
- 5 - 6** Step left heel forward, step left toe back
- 7 & 8** Step left forward, right beside left step left forward

***Option: Make a restart after 16 count on wall 6 (12.00)**

Rock, Recover, Shuffle Back, Rock, Recover, Shuffle Forward

- 1 - 2** Rock right forward, recover onto left
- 3 & 4** Step right back, left beside right, step right back
- 5 - 6** Rock left back, recover onto right
- 7 & 8** Step left forward, right beside left, step left forward

***Option: Make a restart here on wall 2 (09.00)**

Option : for more experienced dancers section 3

Rock, Recover (1 - 2), ½ Shuffle Right (3 &4), Step Turn (5 - 6), Shuffle Forward (7 - 8)

Weave Left, ¼ Turn Left Point Left, Weave Right, Point Right

- 1 - 2 Cross right over left, step left to left
- 3 - 4 Step right behind left, turning ¼ left and point left to left side
- 5 - 6 Cross left over right, step right to right
- 7 - 8 Step left behind right, point right to right side

Easier Option

Weave Left ¼, Vine Recover

- 1 - 4 Cross R Over L, Step L Side, Step R Behind L, Turn ¼ L Step On L
- 5 - 8 Step Right Side, Cross L Behind R, Step R Side, Recover to L

(Gives You The Momentum To Cross To Start)

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Last Update - 1st March 2019