

Nona Manis

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Count: 48 **Wall:** 1 **Level:** High Beginner

Choreographer: Hilda Foo - NZ - February 2019

Music: Oh Nona Manis - Richie Ricardo

Start on vocals (20 counts in)

Section A: Prissy Walks. Hold. Rocking Chair

1-4 Walk forward on right. Hold. Walk forward on left. Hold.

5-8 Forward rock on RF, recover on L, Rock back on RF, recover on L

Section B: Rumba box. Hold

1-4 Step RF to right, step LF besides R, step RF back. Hold

5-8 Step LF to left, step RF besides L, step LF forward. Hold

Section C: ½ pivot turn left. Hold. Full turn right. Hold

1-4 Step RF forward, ½ pivot turn left, step RF forward. Hold

5-8½ turn step back on L, ½ turn step RF forward. Step LF forward. Hold

Section D: Side together cross, Hold. Side together forward. Hold

1-4 Step RF to right, step LF besides Right, Cross RF over L. Hold

5-8 Step LF to left, step RF besides L, Cross LF over R. Hold

Section E: ½ pivot turn left, shuffle forward. Full turn right, forward shuffle

123&4 Step RF forward, ½ pivot turn left, shuffle forward RLR

567&8½ turn stepping back on L, ½ turn step forward on R, Shuffle LRL

Section F: Step together. Step Side. Touch.

- 1-4** Step RF to R, step LF besides R, step RF to R, touch LF besides R
5-8 Mirror with LF

Tag 1 (16 cts) End of Wall 1

Step. Side touches (repeat 2x)

- 1-4** Step RF to right, touch LF besides R. Step LF to left, Touch RF besides L.
5-8 Step RF to right, touch LF besides R. Step LF to left, touch RF besides L

Tag 2 (4 cts) End of Wall 2. Repeat 1st 4 counts of Tag 1

Tag 3 (4 cts) Wall 3 after 1st 40 counts.

- 1-4** Sway RLRL

Then Restart

This dance is dedicated to my dear sister, Lily Foo, forever sweet and loving.

Contact: hilda1508@gmail.com