

Overnight

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Count: 32

Wall: 4

Level: Beginner / Improver WCS

Choreographer: Conny van Dongen (NL) February 2019

Music: Overnight by The Zac Brown Band - BPM: 92

Note : 1 restart at wall 10

Start : on the lyrics Ain't no time for talking

(S1) HEEL GRIND, COASTERSTEP X2,

1-2RF step forw. on heel toes turned in, RF turn toes out and place weight on LF

3&4RF step back, LF together, RF step forw.

5-6LF step forw. on heel toes turned in, LF turn toes out and place weight on RF

7&8LF step back, RF together, LF step forw.

(S2) DIAG. LOCK STEPS, 1/8 TURN R & HEEL SWITCHES, TOUCH BACK, 1/2 TURN R

1-2&RF 1/8 turn L and step diag. R forw., LF cross behind, RF step diag. R forw. *

3-4&LF 1/4 turn R and step diag. L forw., RF cross behind, LF step diag. L forw. *

5&RF 1/8 turn L and touch heel forward, RF together

6&LF touch heel forw., LF together

7-8RF touch toes back, 1/2 turn R (keep weight on LF)

*** your body is angled L. as you move diag. R forw., and angled R. as you move diag. L forw.**

(S3) CROSS, POINT, 1/4 TURN L SAILOR STEP, TOUCH WITH HIP BUMP, 1/2 TURN L, HIP BUMP

1-2RF cross, LF touch toes L

3&4LF 1/4 turn L and cross behind, RF side step, LF side step

5-6RF touch toe forw. and bump R-hip forw., hip back and put weight on RF

7-8LF 1/2 turn L and bump L-hip forw., hip back and put weight on LF

(S4) KICK-BALL-STEP, MAMBO STEP, BOOGIE WALKS, TOUCH

1&2RF kick forw., RF together on ball, LF step forw.

3&4RF step forw., LF replace weight, RF together

5-6LF step back & RF turn toes out, RF step back & LF turn toes out

7-8LF step back & RF turn toes out, RF touch beside LF

RESTART: Wall 10...dance up to count 8 of S2, then restart!!!

Site : www.thedanceconaction.nl