

Lonely Cowboy Waltz

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Count: 54

Wall: 4

Level: Advanced waltz

Choreographer: Tara Conaghan & Michael Greasby - 25th March 2019

Music: 'Mammas Don't Let Your Babies Grow Up To Be Cowboys' by Willie Nelson and Waylon Jennings

Start on the word 'moonlight'.

Walk x2, Forward Shuffle, Step, Pivot $\frac{1}{2}$, Forward Shuffle.

- 1, 2 Step right forward, step left forward.
- 3 & 4 Step right forward, step left next to right, step right forward.
- 5, 6 Step left forward, pivot $\frac{1}{2}$ turn right.
- 7 & 8 Step left forward, step right next to left, step left forward.

Side, Together, Side Shuffle, Cross Rock, Recover, Side Shuffle.

- 1, 2 Step right to right side, step left next to right.
- 3 & 4 Step right to right side, step left next to right, step right to right side.
- 5, 6 Step left across right, recover onto right.
- 7 & 8 Step left to left side, step right next to left, step left to left side.

Cross, Side, Behind $\frac{1}{4}$, Step, Pivot $\frac{1}{2}$, $\frac{1}{4}$, Behind.

- 1, 2 Step right across left, step left to left side.
- 3, 4 Step right behind left, make $\frac{1}{4}$ turn left stepping left forward.
- 5, 6 Step right forward, pivot $\frac{1}{2}$ turn left.
- 7, 8 Make $\frac{1}{4}$ turn left stepping right forward, step left behind right.

Side, Cross, Back, Side, $\frac{1}{4}$ Jazzbox.

- 1, 2 Step right to right side, step left across right.
- 3, 4 Step right back, step left to left side.
- 5, 6 Step right across left, make $\frac{1}{4}$ turn right stepping left back.

7, 8 Step right to right side, step left slightly forward.

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