

No Sleep

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Guy Dubé & Serge Légaré - February 2019

Music: No Sleep by Vanotek feat. Minelli

Intro: 16 counts.

[1-8] 1/4 TURN L and SIDE TOUCH, TOUCH TOGETHER, STEP SIDE, ROCK BACK, SIDE CROSS, SIDE TOUCH, CROSS SAMBA

1&2 1/4 turn to left and touch R to side, touch R together L, step R to side

3&4 Cross rock L behind R, recover on R, step L to left

5-6 Cross R behind L, touch L to side

7&8 Cross L over R, rock side R, recover on L

[9-16] CROSS, SWEEP, CROSS, BACK, 1/4 TURN L and STEP SIDE, 2X SWAY, CROSS, SIDE

1-2 Cross R over L, sweep point L in half-circle to outside from back toward front

3&4 Cross L over R, step R back, 1/4 turn to left and step L to side

5-6 Hips sways to right and left for 2 counts

7-8 Cross R over L, step L to side

[17-24] CROSS SAMBA, CROSS, TOUCH, SAILOR STEP in 1/2 TURN R, CROSS, SWEEP in 1/4 TURN L

1&2 Cross R over L, rock side L, recover on R

3-4 Cross L over R, touch R to side

5&6 Cross R behind L, step L on place in 1/2 turn R, step R forward

7 Cross L over R

8 Sweep point R in half-circle to outside from back to front in 1/4 turn to left

[25-32] CROSS, MONTEREY TURN in 1/4 TURN L, SYNCOPATED JAZZ BOX in 1/4 TURN R, HITCH

1 Cross R over L

2-3-4 Touch L to side, 1/4 turn to left and step L together R, touch R to side

5&6 Cross R over L, step L back, 1/4 turn to right and step R to side

7-8 Step L forward, raise R knee

*****Restart : At the 5th repetition of the dance (face to 12:00) do the first 16 counts and Restart from the top (face to 6:00)**

*****Tag : At the 11th repetition of the dance (face to 3:00)**

Walk D,G,D,G forward on words "walking the night" and restart the dance from the top (face to 3:00).

*****Final : 1/4 turn to right and touch R to side.**

Last Update - 8th March 2019 -R4 - Final