

# My Life Is A Party

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**Count:** 64

**Wall:** 2

**Level:** Advanced

**Choreographer:** Hiroko Carlsson (Grafton, Australia) February 2019

**Music:** My Life Is A Party / ItaloBrothers - iTunes

## (Intro: 16 counts)

### [S1] Back Rock, Syncopated Rocking Chair, Out-Out, Sailor Step

- 1 2            Rock/step back on R, Recover weight on L
- 3&4&        Rock/step forward on R, Recover weight on L, Rock/step back on R, Recover weight on L
- 5 6            Step R to right, Step L to left
- 7&8         Cross R behind L, Step L out to left side, Step R to right side (12:00)

### [S2] Fwd Rock-Back w/ Drag, Together-Heel Fan, Ball-Heel, Hold, Ball-Walk Walk

- 1&2         Rock/step forward on L, Recover weight on R, Step back on L and drag R towards L
- 3&4         Step R together (3), Heel fan out-in (&4)
- &5 6         Step back on L (&), Dig right heel forward (5), Hold (6)
- &7 8         Step R next to L, Step forward on L, Step forward on R (12:00)

### [S3] Fwd, 1/2L w/ Kick, Step-Lock-Step, &-Knee In, Hold, Side-Behind-1/4L-Side-Together

- 1 2            Step forward on R, Make a ½ turn left (weight on R) and kick L to left diagonal
- 3&4         Step L to left diagonal, Lock R behind L, Step L to left diagonal
- &5 6         Step R to side (&), Touch L toe next to R and L knee in (5), Hold (6)
- &7&         Step L to left side, Step R behind L, Make a ¼ turn left stepping forward on L
- 8&         Step R to right, Step L together (3:00)

### [S4] Side Rock, Cross Shuffle, 1/4R Out-Out, Hold, Chase Turn 1/2R-Fwd

- 1 2            Rock/step R to right, Recover weight on L
- 3&4         Cross R over L, Step L close to R, Cross R over L
- &5 6         Make a ¼ turn right step out-out (step L to side, Step R to side) (&5), Hold (6)

**7&8** Step forward on L, Make a ½ turn right recover weight on R, Step forward on L\*\* (12:00)

**[S5] R Fwd (Twist) Rock-Triple Turn, L Fwd (Twist) Rock-Triple Turn**

**1 2** Step forward on R (twist body to 9:00), Recover weight on L (12:00)

**3&4** Triple full turn right RLR on the spot

**5 6** Step forward on L (twist body to 3:00), Recover weight on R (12:00)

**7&8** Triple full turn right LRL on the spot (12:00)

**[S6] Modified Figure 8**

**1 2** Step R to right, Step L behind R

**3 4** Make a ¼ turn right stepping forward on R, Step forward on L

**5 6** Make a ½ turn right recover weight on R, Make a ¼ turn right stepping L to left

**7&8** Step R behind L, Make a ¼ turn left stepping forward on L, Make a ¼ turn left stepping R to right (6:00)

**[S7] L Back Rock (Looking back), Fwd Rock-Back, R Back Rock (Looking back), Fwd Rock-Back**

**1 2** Rock/step back on L and looking back to 12:00, Recover weight on R

**3&4** Rock/step forward on L, Recover weight on R, Step back on L

**5 6** Rock/step back on R and looking back to 12:00, Recover weight on L

**7&8** Rock/step forward on R, Recover weight on L, Step back on R (6:00)

**[S8] Back (Looking back), Hold, Ball-Step-Pivot 1/4R, Cross, 1/4L, Triple Turn Back**

**1 2&** Step back on L and looking back to 12:00 (1), Hold (2), Recover/step forward on R (&)

**3 4** Step forward on L, Make a ¼ turn right recover weight on R

**5 6** Cross L over R, Make a ¼ turn left stepping back on R

**7&8** Triple full turn left LRL traveling backwards (6:00)

**Repeat**

**Restart: on Wall 3 count 32 (12:00)**

**Please feel free to contact me if you need any further information.  
(hirokoclinedancing@gmail.com)**

**(updated: 5/Feb/19)**

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