

# Seize Onto Happiness

LINEDANCE.COM

**Count:** 32      **Wall:** 2      **Level:** Beginner

**Choreographer:** Virginia W. F. Tsui (January 2019)

**Music:** [ ] [ ] [ ] [ ] [ ] [ ] by [ ] [ ]

## #32 count intro

### SIDE, BEHIND, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH

- 1 2      Step left to side, cross right behind left
- 3 4      Step left to side, touch right next to left
- 5 6      Step right to side, touch left next to right
- 7 8      Step left to side, touch right next to left

### SIDE, BEHIND, SIDE, TOUCH, FWD ROCK ¼TURN LEFT, BACK ROCK

- 1 2      Step right to side, cross left behind right
- 3 4      Step right to side, touch left next to right
- 5 6      Step forward on left, recover onto right
- 7 8¼ turn left, step back on left, recover onto right (9:00)

### FWD, FWD, FWD, KICK (CLAP), BACK, BACK, BACK, TOUCH (CLAP)

- 1234      Walk forward LRL, kick right forward & clap hands
- 5678      Step back RLR, touch left next to right & clap hands

### MONTEREY ¼ TURN LEFT, SIDE TOUCH, TOGETHER, JAZZ BOX

- 1 2      Touch left to the side, ¼ turn left & step left next to right
- 3 4      Touch right to side, step right next to left
- 5 6      Step left forward, cross right over left
- 7 8      Step back on left, step right next to left (6:00)

**Tag: After wall 3 & wall 9 add 4 counts claps**

**Enjoy!**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=133866](https://www.linedance.com/index.php?f=dance_view&id=133866)