

I Got to Change My Ways

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Count: 48 **Wall:** 4 **Level:** Beginner

Choreographer: Carol Thorpe (USA) February 2019

Music: Change My Ways - Mike Zito

#48 count intro

[1-8] Lindy R, Lindy L

- 1&2 Step R to R side, step L next to R, step R to R side
- 3,4 Rock back on L, recover weight on R
- 5&6 Step L to L side, step R next to L, step L to L side
- 7,8 Rock back on R, recover weight on L

[9-16] Pivot $\frac{1}{2}$, shuffle forward, pivot $\frac{1}{2}$, shuffle forward

- 1,2 Step forward on R, pivot $\frac{1}{2}$ L
- 3&4 Step forward on R, step L together, step forward on R
- 5,6 Step forward on L, pivot $\frac{1}{2}$ R
- 7&8 Step forward on L, step R together, step forward on L

[17-24] Grapevine R with cross, $\frac{1}{4}$ pivot to L, cross shuffle

- 1,2,3,4 Step R to R side, cross L behind R, step R to R side, cross L over R
- 5,6 Step R forward to pivot $\frac{1}{4}$ L, recover weight on L
- 7&8 Cross R over L, step L to L side, cross R over L

[25-32] Side rock, behind side cross, side rock, behind side cross

- 1,2 Step L to L side, recover weight on R
- 3&4 Step L behind R, step R to R, cross L over R
- 5,6 Step R to R side, recover weight on L
- 7&8 Step R behind L, step L to L, cross R over L

[33-40] Modified box (box with shuffles)

- 1,2 Step L to L, step R next to LF
- 3&4 Step forward on L, step R beside L, step forward on L

5,6 Step R to R, step L next to RF

7&8 Step back on R, step L beside R, step back on R

[41-48] Back rock recover, kick step touch, rocking chair

1,2 Rock back L, recover weight on R

3&4 Kick LF forward, step L next to R, touch ball of RF next to L

5,6,7,8 Rock forward on R, recover weight on L, rock back on R, recover weight on L

Begin dance again