

# Time Heals

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**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Kim Liebsch (Denmark) (February 2019)

**Music:** Be Alright by Dean Lewis (3:16)

**Intro: 4 seconds- Start on 1'st beat - Start with weight on L foot**

**\*5 Tags: (1) After wall 1(6:00)\*(t1) (2) After wall 3(9:00)\*(t1) (3) On wall 4 after 31 counts(9:00)**

**\*\* (t2) (4) After wall 5(3:00)\*(t1) (5) On wall 6 after 31 counts(3:00)\*\*(t2)**

**Tag/Restart: On wall 2 after 16 counts (touch R beside L on the & count) -Start again (3:00)\*\*\***

**Ending: On wall 7 after 16 counts, step L fw. sweep R ½ turn L to face 12:00**

**#1 section: Basic step R, ¼ turn step fw, cross rock side rock step back with sweep, behind side**

- 1-2&** Step R to R side, close L behind R, cross R over L 12:00
- 3-4** Make ¼ turn L stepping fw. on L, step fw. on R 9:00
- 5&6&7** Cross rock L over R, recover on R, rock L to L side, recover on R, step back on L while sweeping R 9:00
- 8&** Cross R behind L, step L to L side 9:00

**#2 section: Side behind ¼ turn, step ½ turn step, full turn ¼ basic step, step side sailor ½ turn**

- 1-2&** Step R to R side, cross L behind R, step ¼ turn R stepping R fw. 12:00
- 3&4** Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L 6:00
- &5&6&** Make ½ turn L stepping back on R, make ½ turn L stepping fw. on L, make ¼ turn R stepping R to R side, close L behind R, cross R over L 3:00
- 7&8&** Step L to L side, sweep/cross R behind L making ½ turn R stepping L to L side, step fw. on R (\*\*\*) 9:00

**#3 section: ½ turn, step ¼ cross, 2 X ¼ turn cross, recover ¼ turn point touch, step side together (scissor)**

- 1** Make ½ turn L stepping fw. on L 3:00
- 2&3** Step fw. on R, make ¼ turn L stepping L to L side, cross R over L 12:00
- 4&5** Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side, cross L over R 6:00
- 6&7&** Recover on R, make ¼ turn L stepping fw. on L, point R to R side, touch R beside L 3:00
- 8&** Step R to R side, step L next to R 3:00

**#4 section: Cross, turn 3/8 with 3 X run run fw. 3 X run back, sailor 3/8 turn, cross**

- 1** Cross R over L 3:00
- 2&3** Turn 1/3 L stepping fw. on L, run R, run L 11:00
- 4&5** Run back R-L-R 11:00
- 6&7** Sweep/cross L behind R making 3/8 turn L stepping R to R side, step fw. on L (\*\*4-6) 6:00
- 8** Cross R over L (\*1-3-5) 6:00

**Tag(t1) Spiral full turn L, step fw. on L (After wall 1-3-5)**

- 1-2** Make full spiral turn L keeping weight on R, step fw. on L

**Tag(t2) Step ½ turn ( On wall 4-6)**

- 8&** Step fw. on R, make ½ turn L stepping fw. on L

**Good Luck & N´joy!**

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