

Life Changes

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Christine Stewart (NZ) March 2019

Music: Sixteen by Thomas Rhett. Album: Life Changes - 3:03

EACH SEQUENCE TURNS $\frac{1}{4}$ LEFT

1-2& Step R to R, Drag L foot and Rock L behind R, Replace on R

3-4& Step L to L, Drag R foot and Rock R across-over L, Replace on L

5-6& $\frac{1}{4}$ R Step R fwd, Step L fwd, Pivot $\frac{1}{2}$ R onto R,

7-8& Step L fwd, Step R fwd, Turn $\frac{3}{4}$ L stepping onto L (12.00)

1-2& Step R fwd, Rock L fwd, Replace on R

3-4& Step L back, Step R back, Step L to L side

5-6& Cross rock R over L, Replace on L, Small step R to R

7-8 Cross rock L over R (on R diagonal), Replace on R

& $\frac{1}{2}$ L stepping L fwd on same diagonal

1-2 Step R fwd, Pivot $\frac{5}{8}$ L turn (to face 12.00)

3&4 Step R to R, Step L beside R, Step R to R

5&6 Rock L back, Replace on R, Touch L beside R (12.00.)

7&8 Step L fwd on L diagonal, Lock R behind L, Step L fwd on L diagonal

Turn $\frac{1}{4}$ L and Start again. 2nd Wall. Repeat above 24 counts

After 2nd Wall do

1&2 Rock R fwd on diagonal, $\frac{1}{2}$ R step R fwd,

3&4 Step L fwd, Pivot $\frac{1}{2}$ turn R onto R, Step L fwd on diagonal

5-6 Step R fwd, Pivot $\frac{3}{8}$ L onto L (3.00)

Then start 3rd Wall by step R to R and dance 30 more counts as above. Then add

7&8 Kick R fwd, Ball-step R, L

Start again by step R to R...Dance all of the above again (24, 30, 32 counts)

Last sequence is 30, 32, 24

Last Update - 24 May 2019

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=133700