

One Goodbye from Lonely

LINEDANCE.COM

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Jonathan Sysyn - May 2019

Music: "Goodbye from Lonely" by Superfruit

No tags, no restarts

Dance starts after vocals on the word: "First"

S1 [1-8] Cross Step Touches, Syncopated Step-Present, ¼ turn to Left

1 2 3 4 Cross RF over LF (1), Point LF out to left (2), Cross-Step LF over RF, moving forward (3), Point RF out to R (4).

5e&a 6 Cross RF over LF (5), Step down LF next to RF while turning 1/8 to the right (a), recover weight to RF and present torso toward 1:30 (6),

7 8 LF step down over RF, 1/8 turn to left (12:00) (7), RF steps to right . ¼ turn to left (9:00) (8)

S2 [9-16] ¼ Turn to Left, Brush, Curving Weave to Left

1 2 3 4 ¼ turn to L, LF steps to left and (facing 6 o'clock) (1), Scuff RF and 1/8 turn (facing 4:30) (2), 1/8 turn to left, Step RF down, over LF (facing 4:30) (3), LF steps to L and behind. (4)

5 6 7 8 RF steps behind of LF, 1/8 to left, torquing body to right, facing 3 o'clock (5), ¼ turn to L, LF steps to 1:30 (very small step) (6). 1/8 turn to L, RF steps to 12 o'clock (7) and pivots 1/2 turn . (6 o'clock)(8)

S3 [17-24] Night Club (3 o'clock), Night Club (7:30)

1 2 3 4 ¼ turn to Left and Big step to R facing 3 o'clock and drag LF in (1-2), rock back, onto LF (3), 1/8 turn to Right then recover RF(4),

5 6 7 8 ¼ turn to Right, to Big step to L, facing 7:30 and drag RF in, next to LF, (5-6) rock back on RF, turning 1/8 turn to R (7), recover forward onto LF, turning 1/8 turn to R (10:30) (8),

S4 [25-32] Step Touches, ¼ Turn Jazz Box to right

1 2 3 4 1/8 turn to R, squaring up to 12:00 as RF steps forward (1), Point LF out to L (2), Step LF over RF and forward(3), Point RF out to R (4).

5 6 7 8 RF 1/4 turn Jazz box to 9 o'clock (RF crosses over LF (5), LF steps back, 1/8 turn to R (6), 1/8 turn to R, RF steps forward (7), LF steps forward (8) (3:00)

Last Update - 24 Oct. 2019

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=133640