

# Power Over Me

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**Count:** 48      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Esmeralda v.d. Pol (January 2019)

**Music:** Power over Me by Dermot Kennedy

## Intro: 16 counts

### SIDE ROCK & POINT, TOGETHER, MONTEREY ½ TURN R, SIDE ROCK 1/8 TURN R, FWD

- 1-2&**      Rock RF to R side, Recover weight on LF, Step RF next to LF
- 3-4**      Point LF to L side, Step LF next to RF
- 5-6&**      Point RF to Side, ½ turn R-step RF next to LF, Rock LF to L side

### 7-8 1/8 turn R Recover weight on RF , Step LF fwd

### FWD ROCK, BALL STEP BACK, 1/8 TURN R, CROSS, SPIRAL FULL TURN R, BALL CROSS, SIDE

- 1-2&**      Rock RF fwd, Recover weight on, Step RF back (07.30)
- 3-4**      Step LF back, 1/8 turn R-step RF to R side
- 5-6**      Cross LF over RF make full turn R weight on LF,
- &7-8**      Step RF to R side, Cross LF over RF, Step RF to R side (09.00)

### BACK ROCK, SIDE, BEHIND, ¼ TURN L, STEP, ¾ TURN L, BEHIND, ¼ TURN R

- 1-2&**      Rock LF back, Recover weight on RF, Step LF to L side
- 3-4**      Cross RF behind LF, ¼ turn L-step LF fwd (06.00)
- 5-6&**      Step RF fwd, ¾ turn -weight on LF, Step RF to R side (09.00)
- 7-8**      Step LF behind RF, ¼ turn R-step RF fwd (12.00)

### FWD ROCK, BALL STEP BACK, ¼ TURN R SIDE ROCK, COASTER ROCK

- 1-2&**      Rock LF fwd, Recover weight on RF, Step LF back
- 3-4**      Step RF back, Step LF back
- 5-6 ¼ turn R-rock RF to R side, Recover weight on LF (03.00)**
- &7-8**      Step back on RF, Step LF next to RF, Rock fwd RF

### RECOVER, TOUCH BALL STEP, STEP FWD, PIVOT ½ TURN R, ½ TURN R, WALK BACK

- 1-2&** Recover weight on LF\*\*\*, Touch RF next to LF, Step RF next to LF
- 3-4** Step LF fwd, Step RF fwd
- 5-6&** Step LF fwd, ½ turn R-weight on RF, ½ turn R-step LF back (03.00)
- 7-8** Step RF back, Step LF back

**\*\*\* see below for Tag & Restart**

**1/4 TURN R SIDE ROCK, BALL CROSS, SIDE ROCK, CROSS ROCK, SIDE, CROSS**

**1-2&3¼ turn R-Rock RF to R side, Recover weight on LF, Step RF next to LF, Cross LF over RF (06.00)**

- 4-5** Rock RF to R side, Recover weight on LF
- 6&** Rock RF across LF, Recover weight on LF
- 7-8** Step RF to R side, Cross LF over RF

**TAG & RESTART (you restart the dance on 06.00)**

**Wall 6, dance up till count 1 of section 5**

**Tag: add these 3 counts**

**Count 1 is your recover on LF**

**2-3-4&¼ turn R-step R fwd- Step L fwd, ½ turn R-weight on RF, Step LF next to RF**

**Dance With Esmeralda**

**Esmeralda v.d. Pol**

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