

# Cowboy Polka

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**Count:** 32

**Wall:** 4

**Level:** Newcomer Polka

**Choreographer:** Kaie Seger (January 2019)

**Music:** Cowboy by Sunny Cowgirls

**TOE TOUCH, HEEL SCUFF WITH  $\frac{1}{4}$  TURN R, SHUFFLE FWD, TOE TOUCH, HEEL SCUFF WITH  $\frac{1}{2}$  TURN L, SHUFFLE FWD**

**1RF Touch toe beside LF**

**2RF Scuff heel forward with  $\frac{1}{4}$  turn R (3.00)**

**3RF Step forward**

**&LF Step next to RF**

**4RF Step forward**

**5LF Touch toe beside RF**

**6LF Scuff heel forward with  $\frac{1}{2}$  turn L (9.00)**

**7LF Step forward**

**&RF Step next to LF**

**8LF Step forward**

**ROCKING CHAIR, SHUFFLE FWD, STEP FWD,  $\frac{1}{2}$  TURN RIGHT**

**9RF Rock forward (9.00)**

**10LF Recover weight**

**11RF Rock back**

**12LF Recover weight**

**13RF Step forward**

**&LF Step next to RF**

**14RF Step forward**

**15LF Step forward**

**16RF ½ turn R (3.00)**

**SHUFFLE WITH ½ TURN R (2 x), ROCK STEP FWD, COASTER STEP**

**17LF ¼ turn R, step side (6.00)**

**&RF Step together**

**18LF ¼ turn R, step back (9.00)**

**19RF ¼ turn R, step side (12.00)**

**&LF Step together**

**20RF ¼ turn R, step forward (3.00)**

**21LF Rock forward**

**22RF Recover weight**

**23LF Step back**

**&RF Step next to LF**

**24LF Step forward**

**BOX-STEP WITH ¼ TURN (2 x)**

**25RF Step across LF**

**26LF Step back**

**27RF ¼ turn R, step side (6.00)**

**28LF Step forward**

**29RF Step across LF**

**30LF Step back**

**31RF ¼ turn R, step side (9.00)**

**32LF Step forward**

**Note: There is few second music pause after wall 7. During this „fantasy stop“ turn yourself wall 12.00 again and use your imagination in movements. - Restart dance with the music!**

**Special ending: During last wall (wall 10) replace counts 29-32:**

**29RF Step across LF**

**30LF Step back**

**31RF Step side (without ¼ turn!)**

**32LF Step forward**

**Finish the dance faced to front wall (12.00)!**

**ENJOY & START AGAIN!**