

The Chinese Hip Swing

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Grit Benke - 30 September 2018

Music: Uncle Autumn Pants - It's getting old (DJ He Peng Version) [] [] [] [] (DJ [] []) - [] [] [] []

To this choreo I was inspired by a video on FB and some friends. The dance is intended as a fun dance and I hope that many dance the dance with me. Please send your dance videos to <https://www.copperknob.co.uk/>

Thanks to Heiko Lattner for creating the demo video.

Intro 32 count, start with the vocal

S1: Side R, close, side R, close, side R, tough, side L, close

1,2,3,4RF step right, LF close to RF, RF step right, LF close to RF

5,6,7,8RF step right, tough LF beside RF, LF step left, RF close to LF

(swing your hips vigorously)

S2: Side L, close, side L, R tough, heel, toe, R step forward ¼ turn right, LF side point

1,2,3,4LF step left, RF close to LF, LF step left, tough RF beside LF

(swing your hips vigorously)

5,6,7,8tough R Heel forward, tough R toe back, RF step forward with ¼ turn R, point L toe left

S3: LF cross, side, LF behind, side, LF cross, side, LF behind, RF side point

1,2,3,4cross LF over RF, RF step right, cross LF behind RF, RF step right

5,6,7,8cross LF over RF, RF step right, cross LF behind RF, point right toe right

S4: Walk forward diagonally left (R-L-R), LF tough, walk back diagonally left (L-R-L), RF tough

1,2,3,4walk forward left diagonally stepping R-L-R, tough LF beside RF

5,6,7,8walk back left diagonally sepping L-R-L, tough RF beside LF

Start again.

Tag - after every second wall (wall 2, 4, 6, 8, 10, 12)

R rocking chair, R V-steps (out-out, in-in)

1,2step RF forward (weight on RF), weight back on LF

3,4step RF back (weight on RF), weight back on LF

5,6step RF diagonal forward (out), step LF diagonal forward (out)

7,8step RF diagonal back (in), LF close to RF (in)

Finish - after wall 13

R rocking chair, R V-steps (out-out, in-step) $\frac{1}{4}$ turn L

1,2step RF forward (weight on RF), weight back on LF

3,4step RF back (weight on RF), weight back on LF

5,6step RF diagonal forward (out), step LF diagonal forward (out)

7,8step RF diagonal back (in), step LF forward with $\frac{1}{4}$ turn left

Have fun, smile and line dance. Happy hip swing.