

# Free Lunch

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Mary Frances Chua (Malaysia) May 2019

**Music:** Free Lunch / Mike Lane

## **INTRO: 8-ct heavy beats**

### **S1: R & L Side Rock Recover Forward Shuffle**

**12 3&4**      Rock R to side, recover L, fwd shuffle R-L-R

**56 7&8**      Rock L to side, recover R, fwd shuffle L-R-L

### **S2: Rocking Chair, semi-circle ½ R Turn 2x Shuffle**

**1234**      Fwd rock on R recover on L, back rock on R recover on L

**5&6 7&8**      Semi-circle turning right, with slanting hand-spread, shuffle on RLR & LRL (6:00)

### **S3: RL skate, R side shuffle, ¼ R Turn, LR skate, L side shuffle**

**12 3&4**      Skate R-L, side shuffle R-L-R

**56 7&8¼ turn right (9:00) skate L-R, side shuffle L-R-L**

### **S4: ¼ R Turn RL Step Flick, ¼ R Turn Jazz Box**

**1234¼ R turn (12:00) R step L flick, L step R flick**

**5678**      Cross R over L, ¼ R turn (3:00) on L, R to side, L fwd

## **TAG: 2 counts clapping twice**

**End of Wall 2 (facing 6:00), Wall 4 (facing 12:00), Wall 6 (6:00), Wall 8 (12:00)**

**END: After W8, do Section 1 and pose in style!**

**Credit to Mike Lane's "FREE LUNCH". Happy dancing!**

**Contacts:**

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